

NWCX Rd 1 - Alyn water race 3

October 24, 2021

Overall

Winners: Female - Cheri Mills, Male - Ioan Oldfield



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
1	1	OLDFIELD	Ioan	Marsh Tracks	16	Men	12:57:48		12:02:25	6:00	5:57	6:01	6:15	6:11	6:05	6:16	6:21	6:16
2	46	GOODFELL	Benjamin	Fibrax Wrexh	25	Men	12:58:27		12:02:24	6:05	6:01	6:10	6:11	6:11	6:18	6:21	6:23	6:23
3	156	DAVIES	Roy	PSW	48	Men	12:59:52		12:02:31	6:10	6:12	6:22	6:19	6:21	6:28	6:27	6:30	6:33
4	39	EVANS	Dyfan		38	Men	13:01:14	2'47"	12:02:21	6:03	6:11	6:23	6:27	6:26	6:43	6:32	6:56	7:11
5	32	ISAAC	John		34	Men	13:02:20	3'54"	12:02:37	6:20	6:23	6:24	6:32	6:44	6:54	6:58	6:56	6:34
6	36	HUMPHREY	Bevan		39	Men	13:03:19	4'53"	12:02:34	6:26	6:29	6:37	6:41	6:53	6:55	6:56	6:54	6:54
7	173	HURST	Dan	Clwydian Ran	47	Men	12:58:14	-1 lap	12:02:47	6:48	6:48	6:47	6:54	6:59	7:03	7:02	7:06	
8	43	SMITH	Alex	Wirral Metals	36	Men	12:58:25	-1 lap	12:02:46	6:50	6:54	6:51	6:58	6:51	7:02	7:08	7:05	
9	45	BIGGS	Darren	GWRC	36	Men	12:58:27	-1 lap	12:02:45	6:51	6:55	6:58	7:03	6:40	7:03	7:12	7:00	
10	151	UPTON	Neil		42	Men	12:58:56	-1 lap	12:02:50	6:50	6:53	6:59	7:04	7:07	7:05	6:59	7:09	
11	285	BROOKES	Gavin	Congleton cyc	51	Men	12:59:38		12:02:41	6:48	6:55	7:03	7:04	7:16	7:17	7:22	7:14	
12	339	JAN	KARDASZ	FIBRAX WREX	61	MEN	No Data	-1 lap	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Manual adj
13	281	ALLEN	Robert	Leisure Lakes	56	Men	12:59:44	0'06"	12:02:56	7:04	6:54	6:56	7:03	7:09	7:16	7:13	7:14	
14	166	SPENCER	Matt	GRAHAM WEI	44	Men	13:00:00	-1 lap	12:02:41	6:54	7:04	7:10	7:02	7:11	7:16	7:17	7:25	
15	171	GREANEY	Michael	Stockport Cla	47	Men	13:00:07	-1 lap	12:02:49	7:07	6:59	7:10	7:15	7:10	7:11	7:17	7:09	
16	160	BOWMAN	Steve	Origin Race Tr	44	Men	13:00:10	-1 lap	12:03:01	7:09	7:00	7:05	7:06	7:09	7:19	7:22	6:58	
17	34	JONES	Daniel		38	Men	13:00:34	-1 lap	12:02:53	7:06	6:54	7:02	7:17	7:15	7:22	7:23	7:22	
18	163	JONES	Haydn	Fibrax Wrexh	49	Men	13:00:51	-1 lap	12:03:00	7:17	7:15	7:06	7:04	7:10	7:20	7:22	7:16	
19	161	LOWE	Paul	Bala	47	Men	13:01:08	-1 lap	12:02:37	7:09	6:57	7:05	7:53	7:18	7:23	7:26	7:20	
20	37	STUART	Stephen	Picton Cycles	38	Men	13:01:17	-1 lap	12:02:52	7:09	7:10	7:19	7:09	7:21	7:29	7:32	7:16	
21	335	EVANS	Ian		67	Men	13:01:27		12:03:04	7:16	7:07	7:12	7:08	7:24	7:26	7:20	7:30	
22	44	MACPHERS	Ally		39	Men	13:02:08	-1 lap	12:03:17	7:27	7:05	7:16	7:11	7:30	7:25	7:38	7:20	
23	273	LIPTROT	Mark	GWRT	52	Men	13:03:17	3'38"	12:02:51	7:13	7:17	7:21	7:16	7:39	7:53	7:50	7:56	
24	280	GRANT	Peter	Nantwich Cyc	58	Men	13:03:27	3'48"	12:02:58	7:13	7:19	7:31	7:34	7:27	7:53	7:46	7:46	
25	31	LEE	Gareth		27	Men	13:03:38	-1 lap	12:03:15	7:37	7:43	7:37	7:29	7:38	7:26	7:26	7:28	
26	252	MILLS	Cheri	Wrexham roa	48	Women	13:03:42		12:02:59	7:27	7:23	7:21	7:27	7:47	7:46	7:46	7:45	
27	342	PUGH	Ray	St Helens CRC	65	Men	13:03:49	2'22"	12:03:14	7:39	7:19	7:31	7:33	7:46	7:38	7:34	7:35	
28	287	SLADIN	Stephen		54	Men	13:03:55	4'17"	12:02:55	7:25	7:27	7:32	7:37	7:42	7:44	7:50	7:44	
29	284	JONES	David		59	Men	13:04:00	4'22"	12:03:21	7:35	7:33	7:24	7:31	7:45	7:38	7:39	7:33	
30	332	OWEN	Russell	horwich	63	Men	13:04:53	3'25"	12:03:39	7:46	7:21	7:32	7:36	7:32	7:41	7:50	7:55	
31	41	TAYLOR	Luke		37	Men	13:05:07	-1 lap	12:03:05	7:43	7:33	7:33	7:36	7:47	7:48	7:57	8:05	
32	162	DUGGAN	Neville		43	Men	13:05:19	-1 lap	12:03:20	7:35	7:33	7:24	7:47	7:44	7:54	7:47	8:14	
33	157	WALTON-EN	Christian		49	Men	13:05:24	-1 lap	12:03:05	7:28	7:24	7:43	7:51	7:46	8:00	8:12	7:54	
34	274	HUGHES	Peter		55	Men	13:05:44	6'06"	12:03:14	7:37	7:47	7:42	7:47	7:40	7:52	8:02	8:04	
35	155	EVANS	Richard	FWRC	45	Men	12:58:08	-2 laps	12:03:09	7:37	7:32	7:52	8:13	7:57	7:49	7:59		
36	169	WEST	Matt	Non affiliated	42	Men	12:58:20	-2 laps	12:03:26	7:47	7:54	7:55	7:37	7:49	7:54	7:59		
37	350	BURTHEM	Janet	VC Melyd	61	Women	12:58:21		12:03:24	7:44	7:31	7:50	7:52	7:57	7:59	8:04		
38	170	BOSLEY	Nigel		47	Men	12:59:19	-2 laps	12:03:34	7:59	7:44	7:58	7:54	8:05	8:12	7:54		
39	159	JACKSON	Shaun		45	Men	12:59:28	-2 laps	12:03:47	8:21	7:39	8:09	7:44	8:01	7:51	7:56		
40	271	LEWIS	Justin	Vc melyd	51	Men	12:59:34	-1 lap	12:03:26	7:41	7:35	8:03	8:09	8:28	8:04	8:08		

NWCX Rd 1 - Alyn water race 3
October 24, 2021
adult men (Men)
winner: 12:58:27



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
1	46	GOODFELLOW	Benjamin	Fibrax Wrexham RC	25	Men	12:58:27		12:02:24	6:05	6:01	6:10	6:11	6:11	6:18	6:21	6:23	6:23
2	39	EVANS	Dyfan		38	Men	13:01:14	2'47"	12:02:21	6:03	6:11	6:23	6:27	6:26	6:43	6:32	6:56	7:11
3	32	ISAAC	John		34	Men	13:02:20	3'54"	12:02:37	6:20	6:23	6:24	6:32	6:44	6:54	6:58	6:56	6:34
4	36	HUMPHREYS	Bevan		39	Men	13:03:19	4'53"	12:02:34	6:26	6:29	6:37	6:41	6:53	6:55	6:56	6:54	6:54
5	43	SMITH	Alex	Wirral Metals	36	Men	12:58:25	-1 lap	12:02:46	6:50	6:54	6:51	6:58	6:51	7:02	7:08	7:05	
6	45	BIGGS	Darren	GWRC	36	Men	12:58:27	-1 lap	12:02:45	6:51	6:55	6:58	7:03	6:40	7:03	7:12	7:00	
7	34	JONES	Daniel		38	Men	13:00:34	-1 lap	12:02:53	7:06	6:54	7:02	7:17	7:15	7:22	7:23	7:22	
8	37	STUART	Stephen	Picton Cycles	38	Men	13:01:17	-1 lap	12:02:52	7:09	7:10	7:19	7:09	7:21	7:29	7:32	7:16	
9	44	MACPHERSON	Ally		39	Men	13:02:08	-1 lap	12:03:17	7:27	7:05	7:16	7:11	7:30	7:25	7:38	7:20	
10	31	LEE	Gareth		27	Men	13:03:38	-1 lap	12:03:15	7:37	7:43	7:37	7:29	7:38	7:26	7:26	7:28	
11	41	TAYLOR	Luke		37	Men	13:05:07	-1 lap	12:03:05	7:43	7:33	7:33	7:36	7:47	7:48	7:57	8:05	
12	38	ROBERTS	Dylan	Bala	36	Men	12:59:43	-2 laps	12:03:08	7:53	7:56	8:35	8:20	8:03	7:56	7:52		
13	33	LLOYD	Hywel		36	Men	12:59:43	-2 laps	12:03:25	7:44	7:55	8:03	8:10	8:15	8:09	8:01		
14	47	HARPER	Adam	Fibrax Wrexham RC	37	Men	13:01:58	-2 laps	12:03:03	7:48	7:44	8:27	8:33	8:19	9:17	8:46		
15	42	HARCOURT	Ian	Specialized Chester	32	Men	13:02:02	-2 laps	12:03:27	7:57	8:14	8:09	8:21	8:41	8:43	8:28		
16	35	HIGGINS	Thomas		20	Men	13:06:52	-2 laps	12:03:25	8:10	8:04	8:36	8:57	9:52	9:55	9:55		

Total: 16 Starters, 0 DNF, 12 Lapped

NWCX Rd 1 - Alyn water race 3
October 24, 2021
adult men (Men)
winner: 12:58:27



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
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NWCX Rd 1 - Alyn water race 3
October 24, 2021
adult men (Men)
winner: 12:58:27



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
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NWCX Rd 1 - Alyn water race 3

October 24, 2021

adult women (Women)

winner: 12:58:16



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	132	LEE	Lois	None	20	Women	12:58:16		12:03:35	8:02	7:53	8:07	12:55	9:07	8:36
2	131	JENKINS	Leigh	Chester triathlon club	30	Women	13:01:00	-1 lap	12:04:22	10:08	10:50	11:37	11:38	12:25	

Total: 2 Starters, 0 DNF, 1 Lapped

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NWCX Rd 1 - Alyn water race 3

October 24, 2021

adult women (Women)

winner: 12:58:16



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
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NWCX Rd 1 - Alyn water race 3

October 24, 2021

adult women (Women)

winner: 12:58:16



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
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NWCX Rd 1 - Alyn water race 3
October 24, 2021
junior men (Men)
winner: 12:57:48



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
1	1	OLDFIELD	Ioan	Marsh Tracks Race Team	16	Men	12:57:48		12:02:25	6:00	5:57	6:01	6:15	6:11	6:05	6:16	6:21	6:16

Total: 1 Starters, 0 DNF, 0 Lapped

NWCX Rd 1 - Alyn water race 3
October 24, 2021
junior men (Men)
winner: 12:57:48



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
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NWCX Rd 1 - Alyn water race 3
October 24, 2021
junior men (Men)
winner: 12:57:48



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
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NWCX Rd 1 - Alyn water race 3

October 24, 2021

junior women (Women)

winner: 13:00:11



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
1	21	ROBERTS	Neisha	Rhyl	16	Women	13:00:11		12:03:19	7:46	8:02	7:59	8:05	8:30	8:19	8:12

Total: 1 Starters, 0 DNF, 0 Lapped

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NWCX Rd 1 - Alyn water race 3

October 24, 2021

junior women (Women)

winner: 13:00:11



<u>Pos</u>	<u>Bib</u>	<u>Last Name</u>	<u>First Name</u>	<u>Team</u>	<u>Age</u>	<u>Gender</u>	<u>Time</u>	<u>Gap</u>	<u>Lap 1</u>	<u>Lap 2</u>	<u>Lap 3</u>	<u>Lap 4</u>	<u>Lap 5</u>	<u>Lap 6</u>	<u>Lap 7</u>	<u>Lap 8</u>
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NWCX Rd 1 - Alyn water race 3

October 24, 2021

junior women (Women)

winner: 13:00:11



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
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NWCX Rd 1 - Alyn water race 3
October 24, 2021
V40 men (Men)
winner: 12:59:52



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
1	156	DAVIES	Roy	PSW	48	Men	12:59:52		12:02:31	6:10	6:12	6:22	6:19	6:21	6:28	6:27	6:30	6:33
2	173	HURST	Dan	Clwydian Range Runners	47	Men	12:58:14	-1 lap	12:02:47	6:48	6:48	6:47	6:54	6:59	7:03	7:02	7:06	
3	151	UPTON	Neil		42	Men	12:58:56	-1 lap	12:02:50	6:50	6:53	6:59	7:04	7:07	7:05	6:59	7:09	
4	166	SPENCER	Matt	GRAHAM WEIGH CYCLES	44	Men	13:00:00	-1 lap	12:02:41	6:54	7:04	7:10	7:02	7:11	7:16	7:17	7:25	
5	171	GREANEY	Michael	Stockport Clarion	47	Men	13:00:07	-1 lap	12:02:49	7:07	6:59	7:10	7:15	7:10	7:11	7:17	7:09	
6	160	BOWMAN	Steve	Origin Race Team	44	Men	13:00:10	-1 lap	12:03:01	7:09	7:00	7:05	7:06	7:09	7:19	7:22	6:58	
7	163	JONES	Haydn	Fibrax Wrexham RC	49	Men	13:00:51	-1 lap	12:03:00	7:17	7:15	7:06	7:04	7:10	7:20	7:22	7:16	
8	161	LOWE	Paul	Bala	47	Men	13:01:08	-1 lap	12:02:37	7:09	6:57	7:05	7:53	7:18	7:23	7:26	7:20	
9	162	DUGGAN	Neville		43	Men	13:05:19	-1 lap	12:03:20	7:35	7:33	7:24	7:47	7:44	7:54	7:47	8:14	
10	157	WALTON-EVANS	Christian		49	Men	13:05:24	-1 lap	12:03:05	7:28	7:24	7:43	7:51	7:46	8:00	8:12	7:54	
11	155	EVANS	Richard	FWRC	45	Men	12:58:08	-2 laps	12:03:09	7:37	7:32	7:52	8:13	7:57	7:49	7:59		
12	169	WEST	Matt	Non affiliated	42	Men	12:58:20	-2 laps	12:03:26	7:47	7:54	7:55	7:37	7:49	7:54	7:59		
13	170	BOSLEY	Nigel		47	Men	12:59:19	-2 laps	12:03:34	7:59	7:44	7:58	7:54	8:05	8:12	7:54		
14	159	JACKSON	Shaun		45	Men	12:59:28	-2 laps	12:03:47	8:21	7:39	8:09	7:44	8:01	7:51	7:56		
15	165	DAVIES	Matt	Ruthin	48	Men	13:02:28	-2 laps	12:03:51	8:22	8:06	8:16	8:19	8:27	8:36	8:32		
16	168	WHITE-MEIR	Danny	Rhos on Sea	48	Men	13:02:40	-2 laps	12:03:30	8:06	8:03	8:06	8:12	8:38	9:15	8:50		
17	153	TAYLOR	Mark	Chester triathlon club	40	Men	13:05:44	-2 laps	12:03:46	8:16	8:12	8:43	8:49	8:56	9:26	9:36		
18	152	WATTS	Pete		44	Men	13:01:38	-3 laps	12:03:53	8:51	9:15	9:24	10:07	9:52	10:16			

Total: 18 Starters, 0 DNF, 17 Lapped

NWCX Rd 1 - Alyn water race 3
October 24, 2021
V40 men (Men)
winner: 12:59:52



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap 10
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NWCX Rd 1 - Alyn water race 3

October 24, 2021

V40 women (Women)

winner: 13:03:42



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	252	MILLS	Cheri	Wrexham roads club	48	Women	13:03:42		12:02:59	7:27	7:23	7:21	7:27	7:47	7:46	7:46	7:45
2	254	BERRY	Melanie	Clwydian Range Runners	49	Women	13:05:22	-1 lap	12:03:38	8:20	8:31	8:40	8:48	9:06	8:58	9:23	
3	251	NORMAN	Kim		48	Women	12:57:51	-2 laps	12:04:00	8:39	8:57	8:44	8:54	8:53	9:44		

Total: 3 Starters, 0 DNF, 2 Lapped

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NWCX Rd 1 - Alyn water race 3

October 24, 2021

V40 women (Women)

winner: 13:03:42



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
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NWCX Rd 1 - Alyn water race 3

October 24, 2021

V40 women (Women)

winner: 13:03:42



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
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NWCX Rd 1 - Alyn water race 3
October 24, 2021
V50 men (Men)
winner: 12:59:38



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	285	BROOKES	Gavin	Congleton cycle club	51	Men	12:59:38		12:02:41	6:48	6:55	7:03	7:04	7:16	7:17	7:22	7:14
2	281	ALLEN	Robert	Leisure Lakes Bikes	56	Men	12:59:44	0'06"	12:02:56	7:04	6:54	6:56	7:03	7:09	7:16	7:13	7:14
3	273	LIPTROT	Mark	GWRT	52	Men	13:03:17	3'38"	12:02:51	7:13	7:17	7:21	7:16	7:39	7:53	7:50	7:56
4	280	GRANT	Peter	Nantwich Cycle Group	58	Men	13:03:27	3'48"	12:02:58	7:13	7:19	7:31	7:34	7:27	7:53	7:46	7:46
5	287	SLADIN	Stephen		54	Men	13:03:55	4'17"	12:02:55	7:25	7:27	7:32	7:37	7:42	7:44	7:50	7:44
6	284	JONES	David		59	Men	13:04:00	4'22"	12:03:21	7:35	7:33	7:24	7:31	7:45	7:38	7:39	7:33
7	274	HUGHES	Peter		55	Men	13:05:44	6'06"	12:03:14	7:37	7:47	7:42	7:47	7:40	7:52	8:02	8:04
8	271	LEWIS	Justin	Vc melyd	51	Men	12:59:34	-1 lap	12:03:26	7:41	7:35	8:03	8:09	8:28	8:04	8:08	
9	272	MCQUEEN	James		51	Men	13:00:48	-1 lap	12:03:45	8:03	7:57	8:09	8:13	8:08	8:15	8:20	
10	277	BENNETT	Chris	GOG Triathlon Club	56	Men	13:00:55	-1 lap	12:03:23	7:47	7:42	8:14	8:23	8:24	8:30	8:33	
11	275	DOUGHTY	Ian		51	Men	13:05:13	-1 lap	12:03:54	8:28	8:42	8:41	8:41	9:06	8:46	8:54	
12	276	JONES	Quentin	Megacold Lampers	58	Men	12:59:12	-2 laps	12:03:50	8:39	9:06	9:19	9:19	9:25	9:34		
13	286	MURRAY	Fergus		54	Men	13:01:27	-2 laps	12:03:59	9:30	9:11	9:26	9:44	9:55	9:41		
DNF	283	JONES	Christopher	Gwrt	52	Men											
DNF	278	FERGUSON	Iain	Runcorn Cycle Club	51	Men											

Total: 15 Starters, 2 DNF, 6 Lapped

NWCX Rd 1 - Alyn water race 3

October 24, 2021

V50 men (Men)

winner: 12:59:38



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
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NWCX Rd 1 - Alyn water race 3

October 24, 2021

V50 men (Men)

winner: 12:59:38



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
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NWCX Rd 1 - Alyn water race 3

October 24, 2021

V50 women (Women)

winner: 13:02:17



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
1	322	ROGERS	Jan		56	Women	13:02:17		12:03:52	8:26	8:03	8:07	8:06	8:42	8:32	8:29
2	321	HINSTRIDGE	Vicky	Denbighshire Tri	56	Women	12:58:45	-2 laps	12:04:19	10:39	10:29	10:41	10:58	11:37		

Total: 2 Starters, 0 DNF, 1 Lapped

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NWCX Rd 1 - Alyn water race 3

October 24, 2021

V50 women (Women)

winner: 13:02:17



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
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NWCX Rd 1 - Alyn water race 3

October 24, 2021

V50 women (Women)

winner: 13:02:17



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
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NWCX Rd 1 - Alyn water race 3

October 24, 2021

V60 + men (Men)

winner: 13:01:27



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	335	EVANS	Ian		67	Men	13:01:27		12:03:04	7:16	7:07	7:12	7:08	7:24	7:26	7:20	7:30
2	342	PUGH	Ray	St Helens CRC.	65	Men	13:03:49	2'22"	12:03:14	7:39	7:19	7:31	7:33	7:46	7:38	7:34	7:35
3	332	OWEN	Russell	horwich	63	Men	13:04:53	3'25"	12:03:39	7:46	7:21	7:32	7:36	7:32	7:41	7:50	7:55
4	341	WOOD	Iain		63	Men	13:01:54	-1 lap	12:03:29	8:06	8:00	8:10	8:21	8:31	8:48	8:27	
5	340	SHANNON	Nigel		61	Men	13:02:21	-1 lap	12:03:56	8:21	7:58	8:12	8:35	8:23	8:38	8:19	
6	337	SNELL	Mike		65	Men	13:03:15	-1 lap	12:03:36	8:17	8:07	8:11	8:32	8:55	8:47	8:50	
7	333	THOMAS	Gwyn		61	Men	12:59:04	-2 laps	12:03:34	8:43	9:11	9:19	9:36	9:22	9:19		
8	338	LOWE	Andrew		62	Men	13:00:25	-2 laps	12:04:01	9:07	9:06	8:52	9:41	9:35	10:02		
9	334	BALL	Tim	Audlem CC	62	Men	13:07:37	-2 laps	12:04:11	9:37	10:07	10:16	11:06	11:27	10:52		
10	336	COLLEN	Steve	NWCG	74	Men	13:06:27	-3 laps	12:04:40	11:18	12:22	12:48	13:00	12:18			
DNF	343	JONES	David	fibrax wrexham road club	70	Men											

Total: 11 Starters, 1 DNF, 7 Lapped

NWCX Rd 1 - Alyn water race 3

October 24, 2021

V60 + men (Men)

winner: 13:01:27



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
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NWCX Rd 1 - Alyn water race 3

October 24, 2021

V60 + men (Men)

winner: 13:01:27



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
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NWCX Rd 1 - Alyn water race 3

October 24, 2021

V60 + women (Open)

winner: 12:58:21



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
1	350	BURTHEM	Janet	VC Melyd	61	Women	12:58:21		12:03:24	7:44	7:31	7:50	7:52	7:57	7:59	8:04

Total: 1 Starters, 0 DNF, 0 Lapped

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NWCX Rd 1 - Alyn water race 3

October 24, 2021

V60 + women (Open)

winner: 12:58:21



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
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NWCX Rd 1 - Alyn water race 3

October 24, 2021

V60 + women (Open)

winner: 12:58:21



Pos	Bib	Last Name	First Name	Team	Age	Gender	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
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