

# NWCX 2022-23 - Round 4 (Hawarden)



## Overall Results Race 3

Pos.	Bib	Name	Club	Age	M/F	Cat	Lap 0	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Laps	Finish	Gap
1.	113	Sam Holder		29	M	Adult	02:02	06:47	06:56	06:59	07:08	07:15	07:16	07:25	07:27		8	0:59:18	-
2.	112	Benjamin Goodfellow	Fibrax Wrexham RC	26	M	Adult	02:12	07:04	07:04	07:17	07:13	07:15	07:16	07:34	07:43		8	1:00:42	+01:23
3.	23	Tom Bruce		35	M	Adult	02:10	07:00	06:56	07:16	07:22	07:38	07:28	07:38	07:29		8	1:01:01	+01:42
4.	219	Dan Evans	Assos Speedclub	41	M	V40	02:07	06:54	07:00	07:10	07:23	07:22	07:31	07:51	07:42		8	1:01:04	+01:45
5.	78	Matthew Marshall		30	M	Adult	02:09	07:03	07:05	07:19	07:16	07:31	07:29	07:42	07:28		8	1:01:05	+01:47
6.	26	Josh Matthews		29	M	Adult	02:00	07:02	07:11	07:26	07:28	07:44	07:41	07:52	07:37		8	1:02:03	+02:45
7.	30	Dyfan Evans	Fibrax Wrexham Roads	39	M	Adult	01:59	07:00	07:11	07:26	07:45	07:35	07:32	07:51	08:18		8	1:02:40	+03:22
8.	6	Samuel Stewart-Ball	Eastlands Velo	16	M	U18	02:03	06:58	08:01	07:23	07:34	07:56	08:05	08:08	08:32		8	1:04:44	+05:25
9.	96	Kieran Wynne-Cattana	Team Lifting Gear Pr	25	M	Adult	02:11	07:29	07:43	08:00	07:53	07:51	07:59	08:09	08:16		8	1:05:34	+06:15
10.	104	Ben Goodwin		25	M	Adult	02:14	07:28	08:05	07:47	07:50	07:57	08:04	08:19	08:09		8	1:05:57	+06:39
11.	215	Simon Myatt	Ashbourne	42	M	V40	02:25	07:48	07:48	07:47	07:53	08:05	08:11	08:09	08:23		8	1:06:32	+07:13
12.	191	Bevan Humphreys	VC Melyd	40	M	V40	02:17	07:43	07:48	07:59	08:08	08:09	08:20	08:26	08:57		8	1:07:51	+08:32
13.	223	Danny Roberts	Team bottrill	41	M	V40	02:26	07:52	08:02	08:09	08:16	08:25	08:19	08:26			7	0:59:58	-1 LAP
14.	110	Adam Morris	Fibrax Wrexham Roads	20	M	Adult	02:06	07:44	08:23	08:16	08:28	08:18	08:13	08:37			7	1:00:09	-1 LAP
15.	359	Robert Allen	Leisure Lakes Bikes	57	M	V50	02:29	07:56	08:01	08:08	08:15	08:23	08:27	08:28			7	1:00:11	-1 LAP
16.	203	Ifan Richards	Cyclo Cymru	44	M	V40	02:30	07:52	07:56	08:09	08:16	08:24	08:39	08:33			7	1:00:24	-1 LAP
17.	193	Neil Upton		43	M	V40	02:20	08:10	08:15	08:18	08:15	08:24	08:26	08:20			7	1:00:31	-1 LAP
18.	396	Jan Kardasz		62	M	V60+	02:45	08:03	08:03	08:06	08:12	08:25	08:30	08:28			7	1:00:36	-1 LAP
19.	202	Timothy Buckley		46	M	V40	02:36	07:56	07:59	08:15	08:17	08:29	08:39	08:25			7	1:00:40	-1 LAP
20.	186	Graham Hand	Flattyres MTB	45	M	V40	02:44	07:58	07:50	08:16	08:16	08:32	08:46	08:37			7	1:01:02	-1 LAP
21.	198	Andrew Sherwood		42	M	V40	02:30	07:57	08:05	08:16	08:24	08:28	08:50	08:37			7	1:01:09	-1 LAP
22.	167	Dyfan Jones	VoCTT	40	M	V40	02:36	08:11	08:23	08:25	08:25	08:32	08:44	08:28			7	1:01:46	-1 LAP
23.	189	Jake Lomax	One Planet Adventure	48	M	V40	02:35	08:07	08:31	08:34	08:33	08:35	08:39	08:27			7	1:02:04	-1 LAP
24.	77	Brandon Staker	Nil	20	M	Adult	02:48	07:57	08:36	08:29	08:27	08:35	08:35	08:37			7	1:02:06	-1 LAP
25.	106	Stephen Stuart	Picton Cycles	39	M	Adult	02:33	07:57	08:18	08:27	08:37	08:42	08:51	09:00			7	1:02:28	-1 LAP
26.	28	Jimmy Smith	Army cycling union	32	M	Adult	02:38	08:14	08:19	08:22	08:32	08:51	09:09	09:00			7	1:03:09	-1 LAP
27.	220	Mike Fugaccia		49	M	V40	02:43	08:26	08:33	08:34	08:32	08:46	08:50	09:02			7	1:03:29	-1 LAP
28.	392	Russell Owen		64	M	V60+	02:30	09:04	08:27	08:35	08:25	08:55	08:30	09:09			7	1:03:35	-1 LAP
29.	27	Geoffrey Lunn	Lunn's Triathlon / A	31	M	Adult	02:54	08:35	08:23	08:33	08:46	08:52	08:59	08:50			7	1:03:55	-1 LAP
30.	18	Holly Bradbrook	Marsh Tracks Racing	19	F	Adult	02:37	08:24	08:28	08:37	08:40	08:56	09:08	09:03			7	1:03:57	-1 LAP
31.	330	George Peers		54	M	V50	02:41	08:21	08:28	08:36	08:38	08:56	09:09	09:10			7	1:04:03	-1 LAP
32.	325	Tim Lloyd	GOG Tri	55	M	V50	02:37	08:13	08:29	08:44	08:58	09:00	09:21	09:32			7	1:04:56	-1 LAP
33.	204	Nigel Bosley		48	M	V40	02:47	08:30	08:42	08:55	08:58	09:11	09:09	08:58			7	1:05:13	-1 LAP
34.	399	David Jones		60	M	V60+	03:03	08:52	08:44	08:50	08:59	09:01	09:00	09:06			7	1:05:39	-1 LAP
35.	224	Ben Bright		48	M	V40	02:53	08:37	08:23	08:32	08:51	09:18	10:06	10:14			7	1:06:58	-1 LAP
36.	370	Ian Ellis	Mersey Tri	50	M	V50	03:03	08:51	08:28	08:58	08:38	09:07	10:03	09:55			7	1:07:05	-1 LAP
37.	24	Hywel Lloyd		37	M	Adult	03:05	08:51	08:51	09:02	09:01	09:24	09:29	09:44			7	1:07:30	-1 LAP

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38.	98	Alan Webster		38	M	Adult	02:51	08:46	08:43	08:59	09:27	09:27	09:50	10:22			7	1:08:28	-1 LAP
39.	326	Paul Jenkinson	Eryri	54	M	V50	03:18	08:54	09:09	09:10	09:20	09:28	09:46	09:32			7	1:08:41	-1 LAP
40.	76	Ally MacPherson		39	M	Adult	02:46	08:50	09:02	09:08	09:19	09:44	09:59	09:54			7	1:08:47	-1 LAP
41.	398	Ifor Phillips		61	M	V60+	03:00	08:57	09:06	09:03	09:10	10:01	09:35	09:52			7	1:08:48	-1 LAP
42.	134	Bronwen Jenkinson	Clwb egni	25	F	Adult	03:21	08:56	09:00	09:16	09:28	09:39	09:29	09:47			7	1:09:00	-1 LAP
43.	29	Mathew Roberts		35	M	Adult	02:12	07:41	08:04	08:14	08:15	08:27	08:31				6	DNF	-2 LAP
44.	437	Janet Burthem		62	F	V60+	03:02	09:05	09:05	09:03	09:45	09:29	09:58				6	0:59:28	-2 LAP
45.	357	Marcus Abbotts	Audlem cc	56	M	V50	02:44	08:49	09:12	09:25	09:24	09:56	10:06				6	0:59:38	-2 LAP
46.	107	Greg Brownbill		39	M	Adult	04:14	09:26	09:08	09:14	09:18	09:21	09:29				6	1:00:13	-2 LAP
47.	16	Neisha Roberts	Rhyl	17	F	U18	03:16	09:28	09:21	09:39	09:41	09:49	09:31				6	1:00:47	-2 LAP
48.	108	Andrew Garrison	Chester Road Club	30	M	Adult	03:12	09:03	09:04	09:33	09:42	10:06	10:05				6	1:00:49	-2 LAP
49.	403	Stephen Mazzone		60	M	V50	03:02	09:04	09:07	09:23	10:00	09:52	10:19				6	1:00:51	-2 LAP
50.	147	Chris Bowers		46	M	V40	03:32	09:25	09:15	09:25	09:41	09:47	10:13				6	1:01:19	-2 LAP
51.	327	Peter Hughes		56	M	V50	03:02	08:52	08:30	09:00	09:05	11:31	11:38				6	1:01:38	-2 LAP
52.	356	Joseph Robson	Chester Road Club	50	M	V50	03:06	09:53	09:16	09:43	09:48	10:03	10:09				6	1:02:01	-2 LAP
53.	205	Ben Hext	Oneplanet Adventure	44	M	V40	03:38	09:25	09:24	09:50	10:11	10:19	10:11				6	1:03:01	-2 LAP
54.	394	Mike Snell		66	M	V60+	03:36	09:22	09:26	09:48	10:04	10:28	10:29				6	1:03:17	-2 LAP
55.	362	Jonathan Gorman		55	M	V50	03:25	09:44	09:40	09:46	10:11	10:26	10:29				6	1:03:43	-2 LAP
56.	400	Gwyn Thomas		61	M	V60+	03:28	09:28	10:29	09:55	10:25	10:21	10:24				6	1:04:31	-2 LAP
57.	127	Katrina Jenkinson		29	F	Adult	03:40	09:34	09:48	10:08	10:10	10:39	10:36				6	1:04:39	-2 LAP
58.	397	Tony Parry		67	M	V60+	03:45	09:50	09:57	10:08	10:27	10:24	10:29				6	1:05:03	-2 LAP
59.	218	Richard Harris		46	M	V40	04:05	09:48	09:45	10:16	10:21	10:16	10:30				6	1:05:06	-2 LAP
60.	351	Justin Lewis	Vc melyd	52	M	V50	03:14	09:16	10:02	10:27	10:40	11:01	10:44				6	1:05:29	-2 LAP
61.	228	Kristian Thomas	Cyclo cymru	49	M	V40	03:01	09:11	09:53	10:26	10:35	11:22	11:06				6	1:05:36	-2 LAP
62.	226	Gareth Jaggard	Clwydian Range Runne	41	M	V40	03:33	09:40	09:48	10:33	10:29	10:44	10:53				6	1:05:43	-2 LAP
63.	109	Simon Morris		22	M	Adult	03:25	09:22	10:13	10:05	09:57	10:38	12:31				6	1:06:14	-2 LAP
64.	227	Mariusz Goralski		42	M	V40	03:35	09:41	09:50	10:30	10:29	11:13	11:02				6	1:06:23	-2 LAP
65.	358	Chris Bennett	GOG Triathlon Club	57	M	V50	03:17	09:38	10:02	10:22	11:10	11:00	11:06				6	1:06:38	-2 LAP
66.	8	Herbie Tawil		17	M	U18	02:28	09:37	10:05	10:18	10:51	12:37	10:45				6	1:06:44	-2 LAP
67.	88	Jake Churchill-Moss	FWRC	32	M	Adult	03:29	09:29	09:40	10:05	10:45	12:11	11:57				6	1:07:38	-2 LAP
68.	239	Karen Jones		48	F	V40	03:54	09:56	10:40	10:37	10:41	10:41	11:09				6	1:07:41	-2 LAP
69.	681	Gaele Atkinson		52	F	V50	04:05	09:59	10:15	10:38	10:51	10:56	11:02				6	1:07:49	-2 LAP
70.	200	Mark Staker	Pickled Riders	46	M	V40	04:00	09:38	09:47	10:03	11:07	12:36	11:45				6	1:08:59	-2 LAP
71.	331	Stephen Davies		57	M	V50	04:03	10:06	10:59	10:28	10:55	11:08	11:44				6	1:09:25	-2 LAP
72.	194	Iain Lancaster	MerseyTri	42	M	V40	03:43	09:50	10:18	11:02	10:58	11:52	13:00				6	1:10:46	-2 LAP
73.	248	Neil Vicars-Harris	GOG Triathlon	53	M	V50	03:39	10:41	10:55	10:53	11:21	11:23	12:07				6	1:11:02	-2 LAP
74.	361	Keith Fairclough		51	M	V50	04:25	11:09	11:27	11:41	12:07	12:38					5	1:03:30	-3 LAP

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75.	237	Llinos Brennen		40	F	V40	04:13	11:28	11:40	12:34	13:12	12:39					5	1:05:48	-3 LAP
76.	386	Vicky Hinstridge	Ruthin Cycling Club	57	F	V50	04:48	11:56	11:48	12:53	12:53	14:26					5	1:08:45	-3 LAP
77.	408	Nigel Bruce		67	M	V60+	04:28	11:55	12:23	12:46	13:23	13:47					5	1:08:45	-3 LAP
78.	230	Sam Tawil		42	M	V40	04:35	11:20	11:54	13:31	14:00	14:35					5	1:09:57	-3 LAP
79.	391	David Allen Jones		71	M	V60+	04:33	12:48	12:37	13:55	14:18	15:38					5	1:13:51	-3 LAP
80.	149	Matt Reilly		41	M	V40	04:29	12:51	13:14	14:08	15:38						4	1:00:22	-4 LAP
81.	249	Dino Walker		51	M	V50	04:23	12:02	13:24	14:23	16:16						4	1:00:31	-4 LAP
82.	324	Calv Hobday	GWRT	54	M	V50	03:27	08:54	09:08								2	DNF	-6 LAP
83.	207	Matt Davies	Ruthin	49	M	V40	03:51	09:47	09:54								2	DNF	-6 LAP
84.	247	Des Jump	Port Sunlight Wheele	59	M	V50	03:49	10:16	10:42								2	DNF	-6 LAP

Number of riders: 84