

NWCX 2022-23 - Round 5 (Padeswood)



Overall Results Race 3

| Pos. | Bib | Name | Club | Age | M/F | Cat | Lap 0 | Lap 1 | Lap 2 | Lap 3 | Lap 4 | Lap 5 | Lap 6 | Lap 7 | Lap 8 | Lap 9 | Laps | Finish | Gap |
|------|-----|---------------------|----------------------|-----|-----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|---------|--------|
| 1. | 112 | Benjamin Goodfellow | Fibrax Wrexham RC | 26 | M | Adult | 07:05 | 07:03 | 06:58 | 07:15 | 07:31 | 07:33 | 07:53 | 07:43 | | | 7 | 0:59:04 | - |
| 2. | 23 | Tom Bruce | | 36 | M | Adult | 07:02 | 07:04 | 07:20 | 07:29 | 07:48 | 07:48 | 07:57 | 08:18 | | | 7 | 1:00:49 | +01:45 |
| 3. | 433 | Stephen Bradbrook | MTRT Trek | 50 | M | V50 | 07:15 | 07:06 | 07:21 | 07:29 | 07:46 | 07:57 | 08:08 | 08:07 | | | 7 | 1:01:13 | +02:08 |
| 4. | 26 | Josh Matthews | | 29 | M | Adult | 07:21 | 07:21 | 07:35 | 07:48 | 08:06 | 08:12 | 08:16 | 08:18 | | | 7 | 1:03:01 | +03:57 |
| 5. | 110 | Adam Morris | Fibrax Wrexham Roads | 20 | M | Adult | 07:10 | 07:27 | 07:38 | 07:48 | 08:02 | 08:25 | 08:29 | 08:31 | | | 7 | 1:03:34 | +04:29 |
| 6. | 221 | Dan Hurst | Ruthin Cycle Club | 49 | M | V40 | 07:38 | 07:31 | 07:43 | 07:55 | 08:06 | 08:19 | 08:35 | 08:30 | | | 7 | 1:04:21 | +05:16 |
| 7. | 396 | Jan Kardasz | Fibrax Wrexham RC | 62 | M | V60+ | 08:22 | 07:15 | 07:34 | 08:03 | 08:12 | 08:21 | 09:01 | 09:30 | | | 7 | 1:06:21 | +07:17 |
| 8. | 106 | Stephen Stuart | Picton Cycles | 39 | M | Adult | 08:04 | 07:48 | 08:08 | 08:23 | 08:37 | 08:41 | 08:45 | 08:55 | | | 7 | 1:07:24 | +08:20 |
| 9. | 385 | Craig Tabiner | Port Sunlight Wheele | 53 | M | V50 | 08:06 | 07:40 | 08:02 | 08:22 | 08:35 | 08:49 | 09:00 | 09:26 | | | 7 | 1:08:03 | +08:59 |
| 10. | 191 | Bevan Humphreys | VC Melyd | 40 | M | V40 | 07:46 | 07:51 | 08:01 | 08:19 | 08:37 | 08:40 | 09:48 | | | | 6 | 0:59:05 | -1 LAP |
| 11. | 27 | Geoffrey Lunn | Lunn's Triathlon / A | 31 | M | Adult | 08:17 | 07:44 | 08:15 | 08:13 | 08:39 | 08:45 | 09:12 | | | | 6 | 0:59:08 | -1 LAP |
| 12. | 25 | Callum Dixon | | 31 | M | Adult | 08:17 | 07:49 | 08:12 | 08:23 | 08:45 | 09:02 | 08:43 | | | | 6 | 0:59:14 | -1 LAP |
| 13. | 182 | Michael Greaney | | 49 | M | V40 | 08:28 | 08:02 | 08:13 | 08:23 | 08:34 | 08:43 | 08:50 | | | | 6 | 0:59:16 | -1 LAP |
| 14. | 28 | Jimmy Smith | Army cycling union | 32 | M | Adult | 08:21 | 08:02 | 08:22 | 08:26 | 08:35 | 08:45 | 08:47 | | | | 6 | 0:59:21 | -1 LAP |
| 15. | 186 | Graham Hand | Flattyres MTB | 45 | M | V40 | 08:23 | 07:45 | 08:11 | 08:27 | 08:42 | 08:56 | 08:57 | | | | 6 | 0:59:23 | -1 LAP |
| 16. | 359 | Robert Allen | Leisure Lakes Bikes | 57 | M | V50 | 08:13 | 08:03 | 08:12 | 08:31 | 08:41 | 08:48 | 08:55 | | | | 6 | 0:59:26 | -1 LAP |
| 17. | 104 | Ben Goodwin | | 25 | M | Adult | 07:39 | 07:40 | 07:51 | 08:15 | 08:29 | 12:04 | 08:19 | | | | 6 | 1:00:20 | -1 LAP |
| 18. | 17 | Layla Bradbrook | MTRT Trek | 17 | F | U18 | 08:25 | 07:51 | 08:11 | 08:40 | 08:52 | 09:22 | 09:06 | | | | 6 | 1:00:30 | -1 LAP |
| 19. | 189 | Jake Lomax | One Planet Adventure | 49 | M | V40 | 08:35 | 08:25 | 08:25 | 08:54 | 08:47 | 09:26 | 09:05 | | | | 6 | 1:01:41 | -1 LAP |
| 20. | 252 | Kevin Larmer | Port Sunlight Wheele | 52 | M | V50 | 08:45 | 07:46 | 07:53 | 10:04 | 08:50 | 09:38 | 08:49 | | | | 6 | 1:01:47 | -1 LAP |
| 21. | 167 | Dyfan Jones | | 40 | M | V40 | 08:37 | 08:02 | 08:28 | 08:36 | 08:54 | 09:48 | 09:19 | | | | 6 | 1:01:47 | -1 LAP |
| 22. | 193 | Neil Upton | | 43 | M | V40 | 08:09 | 07:57 | 08:12 | 08:37 | 09:16 | 09:47 | 09:57 | | | | 6 | 1:01:57 | -1 LAP |
| 23. | 392 | Russell Owen | horwich | 64 | M | V60+ | 09:18 | 08:21 | 08:35 | 08:45 | 09:03 | 09:00 | 09:43 | | | | 6 | 1:02:48 | -1 LAP |
| 24. | 327 | Peter Hughes | | 56 | M | V50 | 08:53 | 08:12 | 08:45 | 08:59 | 09:29 | 09:45 | 09:26 | | | | 6 | 1:03:32 | -1 LAP |
| 25. | 330 | George Peers | | 54 | M | V50 | 08:50 | 08:18 | 08:42 | 09:03 | 09:11 | 09:57 | 10:16 | | | | 6 | 1:04:19 | -1 LAP |
| 26. | 123 | Ross Hosking | | 26 | M | Adult | 09:24 | 08:29 | 08:58 | 08:55 | 09:31 | 09:38 | 09:51 | | | | 6 | 1:04:50 | -1 LAP |
| 27. | 98 | Alan Webster | | 38 | M | Adult | 09:14 | 08:37 | 08:55 | 09:05 | 09:40 | 09:31 | 09:56 | | | | 6 | 1:05:00 | -1 LAP |
| 28. | 18 | Holly Bradbrook | Marsh Tracks Racing | 19 | F | Adult | 08:49 | 08:26 | 09:09 | 09:15 | 09:45 | 09:50 | 09:59 | | | | 6 | 1:05:17 | -1 LAP |
| 29. | 325 | Tim Lloyd | GOG Tri | 55 | M | V50 | 09:29 | 08:37 | 08:50 | 09:01 | 09:29 | 10:03 | 09:53 | | | | 6 | 1:05:24 | -1 LAP |
| 30. | 381 | Peter Grant | | 59 | M | V50 | 08:33 | 08:23 | 08:51 | 10:24 | 09:04 | 10:31 | 09:52 | | | | 6 | 1:05:40 | -1 LAP |
| 31. | 122 | David Pugh | | 38 | M | Adult | 08:39 | 07:56 | 09:59 | 09:50 | 09:18 | 10:13 | 10:26 | | | | 6 | 1:06:24 | -1 LAP |
| 32. | 204 | Nigel Bosley | | 48 | M | V40 | 09:20 | 08:39 | 09:07 | 09:29 | 09:49 | 10:11 | 10:15 | | | | 6 | 1:06:52 | -1 LAP |
| 33. | 75 | Owen Arman | | 39 | M | Adult | 10:20 | 09:04 | 09:09 | 09:28 | 09:33 | 09:43 | 10:08 | | | | 6 | 1:07:27 | -1 LAP |
| 34. | 398 | Ifor Phillips | | 61 | M | V60+ | 09:07 | 08:29 | 09:20 | 10:02 | 10:03 | 10:26 | 10:40 | | | | 6 | 1:08:11 | -1 LAP |
| 35. | 107 | Greg Brownbill | | 39 | M | Adult | 10:28 | 08:54 | 09:06 | 09:23 | 09:35 | 10:30 | 10:18 | | | | 6 | 1:08:18 | -1 LAP |
| 36. | 91 | Jed Friskney | MULE CC | 29 | M | Adult | 08:44 | 08:39 | 09:15 | 09:41 | 10:01 | 10:37 | 11:25 | | | | 6 | 1:08:25 | -1 LAP |
| 37. | 370 | Ian Ellis | Mersey Tri | 50 | M | V50 | 09:48 | 09:18 | 09:30 | 09:39 | 09:50 | 10:14 | 10:31 | | | | 6 | 1:08:53 | -1 LAP |

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Overall Results Race 3

| Pos. | Bib | Name | Club | Age | M/F | Cat | Lap 0 | Lap 1 | Lap 2 | Lap 3 | Lap 4 | Lap 5 | Lap 6 | Lap 7 | Lap 8 | Lap 9 | Laps | Finish | Gap |
|------|-----|----------------------|----------------------|-----|-----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|---------|--------|
| 38. | 108 | Andrew Garrison | Chester Road Club | 31 | M | Adult | 08:55 | 09:19 | 09:52 | 09:39 | 10:10 | 10:20 | 10:40 | | | | 6 | 1:08:57 | -1 LAP |
| 39. | 30 | Dyfan Evans | Fibrax Wrexham Roads | 39 | M | Adult | 07:00 | 08:53 | 07:43 | 08:14 | 08:24 | 09:18 | | | | | 5 | DNF | -2 LAP |
| 40. | 76 | Ally MacPherson | | 40 | M | V40 | 09:22 | 09:07 | 09:06 | 09:36 | 11:35 | 10:34 | | | | | 5 | 0:59:22 | -2 LAP |
| 41. | 326 | Paul Jenkinson | Eryri | 55 | M | V50 | 10:03 | 09:17 | 09:25 | 10:24 | 09:50 | 10:39 | | | | | 5 | 0:59:40 | -2 LAP |
| 42. | 403 | Stephen Mazzone | | 60 | M | V60+ | 09:54 | 09:37 | 09:53 | 09:37 | 10:03 | 10:52 | | | | | 5 | 0:59:58 | -2 LAP |
| 43. | 16 | Neisha Roberts | Rhyl | 18 | F | U18 | 09:45 | 09:38 | 10:05 | 09:50 | 10:23 | 10:18 | | | | | 5 | 1:00:01 | -2 LAP |
| 44. | 434 | Christian Walton-eva | HSW | 51 | M | V50 | 09:29 | 09:08 | 09:52 | 10:25 | 10:19 | 10:57 | | | | | 5 | 1:00:11 | -2 LAP |
| 45. | 84 | Adam Keating | | 26 | M | Adult | 10:31 | 09:06 | 10:54 | 09:54 | 10:13 | 10:15 | | | | | 5 | 1:00:55 | -2 LAP |
| 46. | 400 | Gwyn Thomas | | 62 | M | V60+ | 09:44 | 09:33 | 10:06 | 10:31 | 10:55 | 10:43 | | | | | 5 | 1:01:34 | -2 LAP |
| 47. | 210 | James Davies | MULE | 41 | M | V40 | 07:51 | 08:40 | 08:56 | 10:07 | 12:50 | 13:28 | | | | | 5 | 1:01:55 | -2 LAP |
| 48. | 250 | Terry Bolland | Harry Middleton CC | 58 | M | V50 | 10:48 | 09:38 | 09:35 | 10:02 | 10:25 | 11:28 | | | | | 5 | 1:01:58 | -2 LAP |
| 49. | 24 | Hywel Lloyd | | 37 | M | Adult | 09:53 | 09:09 | 09:54 | 11:54 | 11:14 | 10:14 | | | | | 5 | 1:02:20 | -2 LAP |
| 50. | 407 | Iain Wood | | 64 | M | V60+ | 10:13 | 09:45 | 10:14 | 10:41 | 10:56 | 10:43 | | | | | 5 | 1:02:36 | -2 LAP |
| 51. | 147 | Chris Bowers | | 47 | M | V40 | 10:14 | 09:39 | 09:52 | 10:37 | 11:07 | 11:21 | | | | | 5 | 1:02:53 | -2 LAP |
| 52. | 205 | Ben Hext | Oneplanet Adventure | 45 | M | V40 | 10:44 | 09:53 | 10:07 | 10:28 | 11:16 | 10:38 | | | | | 5 | 1:03:08 | -2 LAP |
| 53. | 235 | Guy Groves | Cudd Army | 49 | M | V40 | 09:52 | 09:48 | 10:12 | 10:49 | 11:17 | 11:17 | | | | | 5 | 1:03:17 | -2 LAP |
| 54. | 119 | Alec Everitt | | 31 | M | Adult | 09:05 | 10:25 | 09:53 | 11:12 | 12:09 | 11:01 | | | | | 5 | 1:03:49 | -2 LAP |
| 55. | 394 | Mike Snell | | 66 | M | V60+ | 10:39 | 10:09 | 10:07 | 10:19 | 11:08 | 11:31 | | | | | 5 | 1:03:54 | -2 LAP |
| 56. | 99 | Richard Setters | Chester Road Club | 37 | M | Adult | 08:49 | 09:12 | 09:28 | 11:13 | 11:09 | 14:13 | | | | | 5 | 1:04:07 | -2 LAP |
| 57. | 232 | Ian Morris | | 46 | M | V40 | 10:17 | 09:43 | 10:16 | 11:06 | 11:36 | 11:13 | | | | | 5 | 1:04:12 | -2 LAP |
| 58. | 356 | Joseph Robson | Chester Road Club | 50 | M | V50 | 10:08 | 09:40 | 10:08 | 10:51 | 12:12 | 11:36 | | | | | 5 | 1:04:37 | -2 LAP |
| 59. | 255 | Gary Kenny | | 57 | M | V50 | 11:12 | 09:45 | 09:55 | 10:31 | 11:02 | 12:30 | | | | | 5 | 1:04:58 | -2 LAP |
| 60. | 218 | Richard Harris | | 46 | M | V40 | 10:01 | 09:35 | 11:05 | 10:47 | 12:17 | 11:19 | | | | | 5 | 1:05:08 | -2 LAP |
| 61. | 358 | Chris Bennett | GOG Triathlon Club | 58 | M | V50 | 10:35 | 10:00 | 10:35 | 11:55 | 10:54 | 11:20 | | | | | 5 | 1:05:22 | -2 LAP |
| 62. | 354 | Haydn Jones | Fibrax Wrexham RC | 50 | M | V50 | 10:29 | 09:55 | 10:57 | 11:18 | 12:11 | 11:38 | | | | | 5 | 1:06:31 | -2 LAP |
| 63. | 240 | Julia Behnsen | Port Sunlight Wheele | 45 | F | V40 | 10:27 | 10:19 | 10:48 | 11:51 | 11:28 | 11:46 | | | | | 5 | 1:06:41 | -2 LAP |
| 64. | 236 | Chris Platt | Bury Clarion | 44 | M | V40 | 11:40 | 10:20 | 10:39 | 11:06 | 11:36 | 11:27 | | | | | 5 | 1:06:49 | -2 LAP |
| 65. | 9 | Tom Hyde | Newport Shropshire C | 16 | M | U18 | 07:52 | 07:58 | 08:33 | 09:02 | 11:38 | 21:53 | | | | | 5 | 1:06:58 | -2 LAP |
| 66. | 397 | Tony Parry | Cyclo cymru | 67 | M | V60+ | 11:10 | 10:42 | 11:00 | 11:21 | 11:41 | 11:51 | | | | | 5 | 1:07:48 | -2 LAP |
| 67. | 251 | Steven Astbury | | 50 | M | V50 | 11:04 | 10:42 | 10:43 | 11:13 | 12:30 | 11:37 | | | | | 5 | 1:07:50 | -2 LAP |
| 68. | 362 | Jonathan Gorman | | 56 | M | V50 | 10:36 | 10:04 | 13:00 | 10:52 | 11:35 | 11:44 | | | | | 5 | 1:07:53 | -2 LAP |
| 69. | 248 | Neil Vicars-Harris | GOG Triathlon | 53 | M | V50 | 10:53 | 10:27 | 11:00 | 11:36 | 11:41 | 12:19 | | | | | 5 | 1:07:57 | -2 LAP |
| 70. | 351 | Justin Lewis | Vc melyd | 52 | M | V50 | 10:42 | 10:36 | 11:18 | 11:53 | 12:27 | 11:45 | | | | | 5 | 1:08:43 | -2 LAP |
| 71. | 207 | Matt Davies | Ruthin | 49 | M | V40 | 10:43 | 10:14 | 11:03 | 11:54 | 12:26 | 12:54 | | | | | 5 | 1:09:17 | -2 LAP |
| 72. | 194 | Iain Lancaster | MerseyTri | 42 | M | V40 | 11:11 | 10:42 | 11:11 | 11:46 | 12:02 | 12:27 | | | | | 5 | 1:09:22 | -2 LAP |
| 73. | 234 | Gavin Broadhurst | | 40 | M | V40 | 09:24 | 09:55 | 13:35 | 13:22 | 12:16 | 11:55 | | | | | 5 | 1:10:29 | -2 LAP |
| 74. | 190 | Paul Modern | Chester RC | 49 | M | V40 | 10:40 | 10:12 | 11:33 | 12:37 | 12:23 | 13:25 | | | | | 5 | 1:10:53 | -2 LAP |

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| Pos. | Bib | Name | Club | Age | M/F | Cat | Lap 0 | Lap 1 | Lap 2 | Lap 3 | Lap 4 | Lap 5 | Lap 6 | Lap 7 | Lap 8 | Lap 9 | Laps | Finish | Gap |
|------|-----|-------------------|----------------------|-----|-----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|---------|--------|
| 75. | 81 | Thomas Jones | Ruthin | 38 | M | Adult | 10:50 | 10:34 | 11:01 | 12:18 | 14:15 | 14:40 | | | | | 5 | 1:13:40 | -2 LAP |
| 76. | 253 | Steven Henshall | Port Sunlight Wheele | 52 | M | V50 | 07:00 | 07:06 | 07:22 | 07:34 | 07:50 | | | | | | 4 | DNF | -3 LAP |
| 77. | 121 | Troy Rimell | MULE CC | 20 | M | Adult | 09:09 | 08:55 | 09:33 | 10:17 | 11:09 | | | | | | 4 | DNF | -3 LAP |
| 78. | 77 | Brandon Staker | Nil | 20 | M | Adult | 09:46 | 13:12 | 08:45 | 15:41 | 11:41 | | | | | | 4 | 0:59:07 | -3 LAP |
| 79. | 239 | Karen Jones | | 49 | F | V40 | 10:56 | 10:55 | 12:24 | 13:08 | 12:33 | | | | | | 4 | 0:59:56 | -3 LAP |
| 80. | 331 | Stephen Davies | | 57 | M | V50 | 11:24 | 10:48 | 11:41 | 14:26 | 12:03 | | | | | | 4 | 1:00:24 | -3 LAP |
| 81. | 237 | Llinos Brennen | | 40 | F | V40 | 11:57 | 11:56 | 13:19 | 13:59 | 14:47 | | | | | | 4 | 1:06:00 | -3 LAP |
| 82. | 386 | Vicky Hinstridge | | 57 | F | V50 | 12:36 | 12:06 | 13:09 | 13:56 | 14:33 | | | | | | 4 | 1:06:22 | -3 LAP |
| 83. | 120 | Stephen Coe | | 37 | M | Adult | 11:34 | 12:35 | 13:29 | 15:24 | 16:53 | | | | | | 4 | 1:09:57 | -3 LAP |
| 84. | 118 | Joseph Griffiths | | 35 | M | Adult | 12:43 | 12:15 | 13:53 | 16:54 | 14:30 | | | | | | 4 | 1:10:17 | -3 LAP |
| 85. | 116 | Frankie Hobbins | Chester road club | 39 | M | Adult | 13:07 | 10:49 | 20:22 | 14:18 | 12:47 | | | | | | 4 | 1:11:24 | -3 LAP |
| 86. | 681 | Gaele Atkinson | | 53 | F | V50 | 11:19 | 14:40 | 15:12 | 17:44 | 15:10 | | | | | | 4 | 1:14:07 | -3 LAP |
| 87. | 115 | Jack Clow | | 33 | M | Adult | 13:50 | 12:34 | 16:02 | 18:24 | | | | | | | 3 | 1:00:51 | -4 LAP |
| 88. | 697 | Chloe Rafferty | | 46 | F | V40 | 10:45 | 09:16 | 11:29 | | | | | | | | 2 | DNF | -5 LAP |
| 89. | 200 | Mark Staker | Pickled Riders | 47 | M | V40 | 11:00 | 12:30 | 13:17 | | | | | | | | 2 | DNF | -5 LAP |
| 90. | 149 | Matt Reilly | | 41 | M | V40 | 17:45 | 17:27 | 25:48 | | | | | | | | 2 | 1:01:01 | -5 LAP |
| 91. | 127 | Katrina Jenkinson | | 29 | F | Adult | 12:09 | 14:32 | | | | | | | | | 1 | DNF | -6 LAP |
| 92. | 391 | David Allen Jones | fibrax wrexham road | 71 | M | V60+ | 13:17 | 14:21 | | | | | | | | | 1 | DNF | -6 LAP |
| 93. | 233 | Dave Williams | | 49 | M | V40 | 07:23 | | | | | | | | | | 0 | DNF | -7 LAP |
| 94. | 399 | David Jones | | 60 | M | V60+ | 10:17 | | | | | | | | | | 0 | DNF | -7 LAP |
| 95. | 197 | Matthew West | | 43 | M | V40 | 20:00 | | | | | | | | | | 0 | DNF | -7 LAP |

Number of riders: 95