

# NWCX 2023-24 - Round 4 Alyn Waters



## Overall Results Race 3

Pos.	Bib	Name	Club	Age	M/F	Cat	Lap 0	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Laps	Finish	Gap
1.	124	Dave Griffiths	Clee cycles	47	M	V40	05:13	06:38	06:36	06:58	07:00	07:38	07:29	07:29			7	0:55:03	-
2.	99	James Davies	Mule	42	M	V40	04:38	06:54	06:56	07:15	07:25	07:24	07:30	07:31			7	0:55:37	+00:34
3.	101	Dyfan Evans	Fibrax Wrexham Roads	40	M	V40	04:23	06:38	07:01	07:13	07:37	07:37	07:38	07:40			7	0:55:50	+00:47
4.	186	Roy Davies	Port Sunlight Wheele	50	M	V50	04:58	06:48	06:58	07:28	07:32	07:27	07:33	07:31			7	0:56:19	+01:16
5.	17	Tom Bruce		36	M	Adult	04:26	06:48	07:10	07:21	07:41	07:42	07:43	08:04			7	0:56:59	+01:56
6.	37	Adam Morris	Fibrax Wrexham Roads	21	M	Adult	04:40	06:45	07:11	07:25	07:28	08:10	07:47	07:41			7	0:57:09	+02:06
7.	27	Alex Smith	Wirral Metals Ltd	38	M	Adult	04:48	07:02	07:19	07:38	07:50	07:51	08:04	08:14			7	0:58:49	+03:46
8.	34	James French	Mid shropshire wheel	31	M	Adult	04:25	06:45	07:10	07:38	07:43	08:03	08:54	08:22			7	0:59:02	+03:59
9.	181	Stephen Bradbrook	MTRT Trek	51	M	V50	05:32	07:01	07:28	07:27	07:45	08:00	08:01	07:48			7	0:59:04	+04:01
10.	23	Dan Hodsdon		36	M	Adult	04:50	07:08	07:25	07:43	07:53	07:56	08:18	07:57			7	0:59:13	+04:10
11.	94	Bevan Humphreys	VC Melyd	41	M	V40	04:57	07:11	07:28	07:34	07:57	08:06	08:06	08:03			7	0:59:24	+04:21
12.	135	Craig Sedton	Horwich CC	42	M	V40	05:37	07:17	07:26	07:34	07:51	07:52	07:55	07:58			7	0:59:35	+04:32
13.	18	Callum Dixon		31	M	Adult	05:11	07:12	07:25	07:41	08:08	08:25	08:15	08:00			7	1:00:21	+05:18
14.	110	Neil Upton	Port Sunlight Wheele	44	M	V40	04:55	07:26	07:32	07:46	07:59	08:10	08:24	08:15			7	1:00:30	+05:27
15.	47	Troy Rimell	Mule CC	21	M	Adult	05:00	07:05	07:25	08:00	08:18	08:17	08:16	08:23			7	1:00:49	+05:46
16.	156	Steffan Chandler	Horwich CC	53	M	V50	05:27	07:22	07:31	07:53	07:55	08:11	08:20	08:30			7	1:01:11	+06:08
17.	234	Jan Kardasz	Fibrax Wrexham RC	63	M	V60	06:25	07:34	07:37	07:54	08:04	08:13	08:05	08:01			7	1:01:57	+06:54
18.	230	Ifor Phillips	Holyhead Cycling clu	62	M	V60	06:07	07:40	07:37	07:56	07:53	08:03	08:24	08:22			7	1:02:05	+07:02
19.	106	Dyfan Jones	VoCTT	41	M	V40	05:36	07:28	07:47	08:09	08:17	08:24	08:41	08:35			7	1:03:01	+07:58
20.	31	Jimmy Smith	Army cycling union	33	M	Adult	05:26	07:30	07:59	08:24	08:28	08:37	08:34	08:48			7	1:03:51	+08:48
21.	203	Colin Elgie	None	56	M	V50	05:43	07:42	07:37	08:19	08:36	08:45	08:19				6	0:55:04	-1 LAP
22.	137	Owen Arman		40	M	V40	05:57	07:35	07:36	08:08	08:36	08:51	08:22				6	0:55:09	-1 LAP
23.	117	Stuart White	Beacon RCC	41	M	V40	05:19	07:32	07:56	08:26	08:47	08:45	08:25				6	0:55:13	-1 LAP
24.	11	Layla Bradbrook	MTRT Trek	16	F	U18	05:43	07:41	07:43	08:20	08:25	08:32	08:47				6	0:55:14	-1 LAP
25.	197	Kevin Larmer	Port Sunlight Wheele	53	M	V50	06:09	07:28	07:44	08:23	08:27	08:46	08:43				6	0:55:43	-1 LAP
26.	107	David Whittaker	Origin Race Team	47	M	V40	05:46	07:54	08:00	08:17	08:22	08:41	09:03				6	0:56:05	-1 LAP
27.	56	Rob Pugh	Liverpool Century RC	38	M	Adult	05:30	08:01	08:21	08:29	08:32	08:59	09:14				6	0:57:09	-1 LAP
28.	108	Ally MacPherson		40	M	V40	05:48	08:01	08:15	08:30	08:52	08:57	08:58				6	0:57:24	-1 LAP
29.	125	Graham Hand	Flattyres MTB	46	M	V40	05:28	07:24	07:47	08:11	12:06	08:10	08:21				6	0:57:29	-1 LAP
30.	102	Alan Robertson	Manchester Triathlon	46	M	V40	05:31	07:48	08:19	08:39	09:22	09:22	08:32				6	0:57:37	-1 LAP
31.	164	Keith Large		51	M	V50	05:56	07:52	08:08	08:24	09:05	09:11	09:03				6	0:57:42	-1 LAP
32.	109	Simon Ward	Dyffryn Conwy	42	M	V40	06:11	08:10	08:17	08:41	08:42	08:54	09:06				6	0:58:03	-1 LAP
33.	139	William Hall		44	M	V40	04:54	07:50	08:18	08:38	09:25	09:24	09:47				6	0:58:19	-1 LAP
34.	38	Simon Morris	Fibrax Wrexham Roads	23	M	Adult	06:35	08:05	08:18	08:53	08:38	09:02	08:44				6	0:58:19	-1 LAP
35.	184	Robert Allen	Leisure Lakes Bikes	58	M	V50	05:38	08:05	08:27	08:38	09:01	09:22	09:10				6	0:58:25	-1 LAP
36.	160	Peter Hughes		57	M	V50	06:10	08:09	08:27	08:43	08:47	09:07	09:12				6	0:58:39	-1 LAP

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37.	180	Haydn Jones	Fibrax Wrexham RC	51	M	V50	06:22	08:12	08:31	08:54	09:20	09:07	08:59				6	0:59:29	-1 LAP
38.	246	Janet Burthem	VC melyd	63	F	V60	06:48	08:15	08:22	08:56	09:03	09:09	09:07				6	0:59:42	-1 LAP
39.	30	Luke Taylor	Stolen goat	39	M	Adult	06:03	08:23	08:48	09:13	08:58	09:09	09:18				6	0:59:54	-1 LAP
40.	32	Adam Keating		26	M	Adult	06:25	08:00	08:27	08:37	09:50	09:33	09:33				6	1:00:28	-1 LAP
41.	172	Phil Dabner	Mersey Tri	56	M	V50	07:07	08:33	08:30	08:58	09:07	09:19	09:16				6	1:00:52	-1 LAP
42.	183	Andy Roberts	Clwydian Range Runne	52	M	V50	05:35	07:46	08:52	09:04	09:38	11:00	08:59				6	1:00:57	-1 LAP
43.	79	Holly Bradbrook	Marsh Tracks Racing	19	F	Adult	06:22	08:33	09:00	09:12	09:30	09:23	09:16				6	1:01:17	-1 LAP
44.	55	Jac Lewis	Alpine Sausages	26	M	Adult	06:52	08:42	08:50	09:02	09:07	09:16	09:33				6	1:01:25	-1 LAP
45.	116	Matt West	Vinyl bear	44	M	V40	06:56	08:44	08:43	09:15	09:14	09:14	09:17				6	1:01:26	-1 LAP
46.	235	Dave Jones	St Helens CRC	61	M	V60	06:08	08:36	09:01	09:15	09:25	09:30	09:39				6	1:01:38	-1 LAP
47.	86	Nigel Bosley		49	M	V40	06:29	08:21	08:44	09:13	09:33	09:57	09:51				6	1:02:11	-1 LAP
48.	190	Wesley Iyanda	Liverpool Phoenix CC	50	M	V50	07:02	08:55	09:10	09:12	09:30	09:28	09:24				6	1:02:43	-1 LAP
49.	91	Paul Cubbins	Merseytri	49	M	V40	06:38	08:29	08:36	08:53	09:32	11:00	09:59				6	1:03:10	-1 LAP
50.	177	David Baker		52	M	V50	07:14	08:43	08:52	09:16	09:54	09:34	09:42				6	1:03:18	-1 LAP
51.	58	Tai Smith		26	M	Adult	06:57	08:48	09:30	09:30	09:25	09:47	09:19				6	1:03:18	-1 LAP
52.	175	Jonathan Gorman		56	M	V50	06:54	08:56	08:56	09:26	09:42	09:59	10:11				6	1:04:07	-1 LAP
53.	21	Jonty Gordon	Clwb Beicio Egni Ery	38	M	Adult	06:00	09:26	09:14	09:43	09:59	10:24	09:27				6	1:04:16	-1 LAP
54.	20	Gavin Noble		38	M	Adult	07:01	08:38	08:54	09:29	09:38	10:26	10:07				6	1:04:16	-1 LAP
55.	88	Iain Lancaster	MerseyTri	43	M	V40	07:02	08:48	09:09	09:35	09:55	10:00	10:05				6	1:04:37	-1 LAP
56.	151	Jane Rayner		49	F	V40	07:21	08:50	09:16	09:16	09:48	10:06	10:09				6	1:04:48	-1 LAP
57.	80	Neisha Roberts		18	F	Adult	06:37	09:07	09:29	09:49	10:01	09:56	10:25				6	1:05:28	-1 LAP
58.	25	Alex Harvey		26	M	Adult	05:34	08:23	10:20	09:01	09:15	12:35					5	0:55:11	-2 LAP
59.	159	Simon Ward		53	M	V50	07:43	09:31	09:11	09:24	09:40	09:58					5	0:55:30	-2 LAP
60.	237	Mike Snell	Holyhead Cycling Clu	67	M	V60	07:55	08:50	08:59	09:50	10:06	10:28					5	0:56:10	-2 LAP
61.	218	Gaele Atkinson		54	F	V50	07:28	09:06	09:24	09:44	10:07	10:26					5	0:56:17	-2 LAP
62.	163	Neil Hoggarth	MerseyTri	51	M	V50	07:22	09:09	09:23	09:57	10:03	10:21					5	0:56:19	-2 LAP
63.	171	Marcus Abbotts	AUDLEM CC	57	M	V50	07:11	09:19	09:43	09:55	10:07	10:29					5	0:56:48	-2 LAP
64.	179	Guy Groves	Cudd Army	50	M	V50	07:29	09:21	09:50	10:15	10:12	10:12					5	0:57:21	-2 LAP
65.	229	David Jones		61	M	V60	07:13	09:07	09:41	10:03	10:23	11:06					5	0:57:36	-2 LAP
66.	167	Stephen Davies		58	M	V50	07:41	09:29	09:52	10:00	10:19	10:29					5	0:57:53	-2 LAP
67.	90	Chris Bowers		47	M	V40	07:47	08:55	09:28	10:07	10:30	11:09					5	0:57:58	-2 LAP
68.	192	Stephen Lewis		51	M	V50	07:52	09:14	09:32	10:05	10:44	10:45					5	0:58:14	-2 LAP
69.	165	Justin Lewis	Vc melyd	53	M	V50	07:06	09:13	09:41	10:15	11:25	10:41					5	0:58:23	-2 LAP
70.	97	Greg Brownbill		40	M	V40	09:01	09:35	09:33	09:49	10:17	10:11					5	0:58:28	-2 LAP
71.	57	Dylan Roberts	Bala	38	M	Adult	08:49	09:22	09:40	10:07	10:53	09:49					5	0:58:43	-2 LAP
72.	158	Chris Bennett	GOG Triathlon Club	58	M	V50	07:49	09:18	10:31	10:33	11:05	10:43					5	1:00:01	-2 LAP

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Pos.	Bib	Name	Club	Age	M/F	Cat	Lap 0	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Laps	Finish	Gap
73.	93	Mark Staker	Pickled Riders	47	M	V40	08:22	10:43	09:47	09:51	10:10	11:32					5	1:00:27	-2 LAP
74.	92	Paul Modern	Chester RC	49	M	V40	08:25	09:50	10:01	10:30	11:30	10:17					5	1:00:37	-2 LAP
75.	161	Robert Simmonds		57	M	V50	06:59	10:01	10:26	10:46	11:12	11:21					5	1:00:46	-2 LAP
76.	232	Iain Wood		65	M	V60	07:20	09:16	09:53	10:13	11:19	13:05					5	1:01:08	-2 LAP
77.	98	Simon Jones	Hafren	48	M	V40	08:22	10:07	10:28	10:54	11:07	11:09					5	1:02:09	-2 LAP
78.	228	Gwyn Thomas		62	M	V60	07:43	09:55	10:55	10:57	11:21	11:23					5	1:02:17	-2 LAP
79.	178	Joseph Robson	Chester Road Club	51	M	V50	08:44	10:41	10:44	10:54	10:52	10:42					5	1:02:40	-2 LAP
80.	149	Karen Jones	Holyhead Cycling Clu	49	F	V40	08:16	10:31	10:48	11:00	11:23	11:31					5	1:03:31	-2 LAP
81.	81	Hannah French	Mid shropshire wheel	30	F	Adult	09:01	10:42	10:53	11:02	11:18	11:02					5	1:03:59	-2 LAP
82.	39	Alexander Edwards		38	M	Adult	08:18	09:56	10:35	10:59	13:02	11:36					5	1:04:29	-2 LAP
83.	153	Julia Behnsen	Port Sunlight Wheele	45	F	V40	08:15	10:29	11:00	11:40	11:55	11:28					5	1:04:50	-2 LAP
84.	49	Nathan Cooper		18	M	Adult	07:45	10:25	10:54	11:44	11:56	12:10					5	1:04:58	-2 LAP
85.	204	Robin Noble	Mule CC	56	M	V50	09:10	10:40	10:59	11:36	11:59	12:58					5	1:07:25	-2 LAP
86.	188	James Haynes	Liverpool Phoenix	52	M	V50	07:31	11:35	12:48	11:21	12:10						4	0:55:26	-3 LAP
87.	54	Daniel Jones	Mule	18	M	Adult	08:41	10:38	11:28	12:22	13:23						4	0:56:34	-3 LAP
88.	202	Chris Ball	Mersey Tri	53	M	V50	08:49	10:38	11:18	12:00	14:00						4	0:56:47	-3 LAP
89.	147	Gwenan Gordon		40	F	V40	08:39	10:29	12:04	13:38	12:12						4	0:57:03	-3 LAP
90.	170	Dino Walker		52	M	V50	09:19	11:14	13:00	13:41	13:58						4	1:01:14	-3 LAP
91.	251	David Jones		72	M	V70+	09:54	12:59	13:45	15:10	15:17						4	1:07:07	-3 LAP
92.	201	Barry Shillinglaw	Mersey Tri	57	M	V50	08:14	12:33	13:44	20:49							3	0:55:21	-4 LAP
93.	162	Keith Fairclough		52	M	V50	08:33	10:51	14:12	22:57							3	0:56:35	-4 LAP
94.	104	Matt Reilly	Delamere MTB	42	M	V40	13:25	15:22	19:03	16:31							3	1:04:22	-4 LAP
95.	187	Mike Fugaccia	Liverpool Century	50	M	V50	06:01	08:06	08:17								2	DNF	-5 LAP

Number of riders: 95