

NWCX 2023-24 - Round 3 (Rhyl)



Age Group Results Race 3

Pos.	Bib	Name	Club	Age	M/F	Lap 0	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Laps	Finish	
Female																		
Adult																		
1.	77	Keri Parton	Team BoomPods	34	F	07:58	09:08	09:28	09:40	09:32	09:56	09:35				6	1:05:19	-
2.	80	Neisha Roberts		18	F	08:51	09:37	09:26	09:28	09:29	09:32	09:25				6	1:05:50	+00:31
3.	79	Holly Bradbrook	Marsh Tracks Ra	19	F	09:06	09:34	09:45	09:36	09:41	09:49	09:38				6	1:07:13	+01:53
4.	78	Lisa MacPherson		39	F	10:37	10:52	11:03	10:59	10:46	10:34					5	1:04:53	-1 LAP
5.	83	Samantha Percival	Chester Triathl	33	F	11:43	11:21	11:16	11:32	11:33	11:48					5	1:09:16	-1 LAP
Vet 40																		
1.	151	Jane Rayner		49	F	08:40	09:36	09:42	09:56	09:52	09:51	10:19				6	1:07:58	+02:38
2.	152	Emma Runican		41	F	09:10	10:01	09:59	10:17	10:23	10:19	10:25				6	1:10:37	+05:17
3.	153	Julia Behnsen	Port Sunlight W	45	F	09:31	10:04	10:05	10:40	10:19	10:36	10:52				6	1:12:09	+06:49
4.	149	Karen Jones	Holyhead Cyclin	49	F	10:05	10:50	10:50	10:49	10:51	10:53					5	1:04:20	-1 LAP
5.	148	Llinos Brennen		41	F	10:06	10:46	11:04	11:06	10:57	10:52					5	1:04:53	-1 LAP
6.	147	Gwenan Gordon		40	F	10:13	10:38	11:16	11:24	11:33	11:35					5	1:06:40	-1 LAP
7.	146	Rebecca Holland	Chester road cl	43	F	11:24	11:35	12:10	12:30	12:13	12:18					5	1:12:13	-1 LAP
8.	150	Vicky Darby-Brown	Gog tri	44	F	12:31	12:40	12:08	11:52	12:08	11:47					5	1:13:08	-1 LAP
Vet 50																		
1.	218	Gaele Atkinson		54	F	09:04	10:17	10:24	10:37	10:33	10:26	10:13				6	1:11:37	+06:17
2.	217	Claire Holliman		51	F	10:08	10:08	10:24	10:19	10:10	10:20	10:12				6	1:11:43	+06:24
3.	219	Julia Smith	Port Sunlight W	52	F	10:15	10:51	10:57	10:53	10:57	11:15					5	1:05:10	-1 LAP
Vet 60																		
1.	246	Janet Burthem	VC melyd	63	F	08:35	09:34	09:47	09:42	09:43	09:57	09:53				6	1:07:15	+01:56
Male																		
Adult																		
1.	48	Luke Beswick	High Peak Cycle	34	M	07:07	07:54	07:54	07:58	08:02	08:04	08:01	07:46			7	1:02:49	-
2.	37	Adam Morris	Fibrax Wrexham	21	M	07:04	07:55	08:02	08:13	08:12	08:17	08:55	08:35			7	1:05:16	+02:27
3.	17	Tom Bruce		36	M	06:55	08:06	08:13	08:33	08:21	08:17	08:37	08:21			7	1:05:27	+02:38
4.	42	Ben Lloyd	FWRC	32	M	07:06	07:54	07:59	08:21	08:47	08:24	08:34	08:29			7	1:05:38	+02:49
5.	18	Callum Dixon		31	M	07:51	08:16	08:28	08:29	08:36	08:28	08:48	08:19			7	1:07:18	+04:29
6.	31	Jimmy Smith	Army cycling un	33	M	07:36	08:21	08:29	08:32	08:42	08:30	08:31	08:35			7	1:07:19	+04:30
7.	52	Cameron Morris	Bangor Universi	19	M	08:02	08:33	08:27	08:47	08:35	08:42	08:31	08:40			7	1:08:20	+05:31
8.	43	Josh Matthews		30	M	06:44	07:36	09:23	08:03	08:09	08:35	10:15				6	DNF	-1 LAP
9.	16	Richard Setters	Chester Road Cl	38	M	08:41	08:55	08:53	08:51	09:09	09:00	09:23				6	1:02:55	-1 LAP
10.	32	Adam Keating		26	M	08:03	08:55	08:58	09:10	09:15	09:14	09:19				6	1:02:57	-1 LAP
11.	24	Tom Frater		38	M	09:03	09:08	09:09	09:13	09:18	09:29	09:16				6	1:04:39	-1 LAP

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12.	38	Simon Morris	Fibrax Wrexham	23	M	08:48	09:23	08:54	09:06	09:20	09:26	09:52				6	1:04:51 -1 LAP
13.	25	Alex Harvey		26	M	08:01	08:56	09:04	09:13	09:49	10:22	09:38				6	1:05:07 -1 LAP
14.	50	Andrew Garrison	Chester Road Cl	31	M	09:00	09:29	09:20	09:20	09:24	09:29	09:31				6	1:05:35 -1 LAP
15.	51	Thomas Jones	Ruthin	39	M	09:39	10:01	10:08	10:33	10:11	10:15	10:22				6	1:11:12 -1 LAP
16.	49	Nathan Cooper		18	M	09:07	10:07	10:08	11:04	11:26	11:07					5	1:03:01 -2 LAP
17.	53	Jordan Syme		29	M	09:40	11:45	13:04	16:47	14:06						4	1:05:23 -3 LAP
18.	36	Liam Abbotts	Audlem CC	24	M	09:11	09:41	10:14	54:20							3	1:23:28 -4 LAP
19.	46	Sam Woodward	Clwb Beicio Egn	18	M	06:45	07:36									1	DNF -6 LAP
Vet 40																	
1.	101	Dyfan Evans	Fibrax Wrexham	40	M	06:46	07:43	08:26	07:57	08:03	08:03	08:01	07:52			7	1:02:55 +00:05
2.	89	Ifan Richards	Cyclo Cymru RT	45	M	06:56	07:56	08:07	08:13	08:10	08:14	08:13	08:19			7	1:04:12 +01:23
3.	94	Bevan Humphreys	VC Melyd	41	M	07:14	08:16	08:26	08:18	08:23	08:30	08:29	08:36			7	1:06:16 +03:27
4.	103	Geraint Jones		43	M	07:18	08:17	08:24	08:27	08:36	08:33	08:34	08:21			7	1:06:34 +03:44
5.	110	Neil Upton	Port Sunlight W	44	M	07:20	08:13	08:20	08:22	08:22	08:43	08:50	08:41			7	1:06:55 +04:06
6.	135	Craig Sefton	Horwich cc	42	M	07:37	08:20	08:31	08:21	08:31	08:35	08:27	08:32			7	1:06:58 +04:09
7.	121	Timothy Buckley	VC Melyd	47	M	07:22	08:29	08:36	08:35	08:36	08:45	08:49	08:39			7	1:07:54 +05:05
8.	117	Stuart White	Beacon RCC	41	M	07:51	08:17	08:32	08:33	08:52	08:43	08:43	09:26			7	1:09:02 +06:13
9.	106	Dyfan Jones	VoCTT	41	M	07:49	08:28	08:43	08:45	08:51	08:45	08:52	09:01			7	1:09:18 +06:28
10.	105	Steve Bowman	Origin Race Tea	46	M	08:05	08:54	08:58	08:50	08:52	08:59	09:11	09:08			7	1:11:02 +08:13
11.	108	Ally MacPherson		40	M	08:09	08:52	08:56	09:06	09:04	09:09	09:13	09:33			7	1:12:07 +09:18
12.	127	Jake Lomax	One Planet Adve	49	M	07:59	09:12	09:04	09:07	09:07	09:03	09:16				6	1:02:50 -1 LAP
13.	125	Graham Hand	Flattyres MTB	46	M	08:01	08:58	08:55	09:12	09:15	09:15	09:15				6	1:02:51 -1 LAP
14.	91	Paul Cubbins	Merseytri	49	M	08:25	08:56	09:06	09:04	09:01	09:18	09:07				6	1:03:00 -1 LAP
15.	137	Owen Arman		40	M	09:05	09:08	09:02	09:13	09:03	09:12	09:10				6	1:03:56 -1 LAP
16.	90	Chris Bowers		47	M	08:36	09:02	09:25	09:33	09:33	09:36	09:22				6	1:05:08 -1 LAP
17.	88	Iain Lancaster	MerseyTri	43	M	08:31	09:23	09:33	09:20	09:26	09:25	09:30				6	1:05:11 -1 LAP
18.	109	Simon Ward	Dyffryn Conwy	42	M	09:09	09:20	09:30	09:26	09:28	09:31	09:17				6	1:05:42 -1 LAP
19.	86	Nigel Bosley		49	M	08:39	09:14	09:40	09:47	09:47	09:46	09:39				6	1:06:36 -1 LAP
20.	111	Ian Morris	Chester RC	47	M	08:42	09:29	10:00	09:36	09:54	09:55	09:40				6	1:07:19 -1 LAP
21.	133	Ben Hext	Oneplanet adven	45	M	09:53	09:37	09:30	09:39	09:48	09:42	09:36				6	1:07:48 -1 LAP
22.	87	Richard Harris		47	M	08:41	09:40	09:48	10:00	10:16	10:24	10:12				6	1:09:04 -1 LAP
23.	132	Charles Enston	Rhyl RC	49	M	08:59	09:52	10:16	10:12	10:11	10:29	10:24				6	1:10:26 -1 LAP
24.	104	Matt Reilly		42	M	12:03	14:37	15:02	15:11	14:07						4	1:11:01 -3 LAP
25.	130	Liam Rees	Paceline	44	M	09:35	10:22									1	DNF -6 LAP
26.	122	Michael Cottrill	North Cheshire	43	M	09:38										0	DNF -7 LAP

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Vet 50																		
1.	189	Steven Henshall	Port Sunlight W	53	M	06:55	07:56	08:10	07:52	08:02	08:03	07:59	07:57			7	1:02:59	+00:10
2.	197	Kevin Larmer	Port Sunlight W	53	M	09:08	09:02	08:39	08:34	08:40	08:57	08:48	08:55			7	1:10:46	+07:56
3.	172	Phil Dabner	Mersey Tri	56	M	08:37	08:56	08:57	09:04	09:13	09:11	09:02				6	1:03:04	-1 LAP
4.	160	Peter Hughes		57	M	08:25	09:00	09:05	09:04	09:09	09:13	09:18				6	1:03:17	-1 LAP
5.	180	Haydn Jones	Fibrax Wrexham	51	M	07:53	09:02	09:06	09:20	09:22	09:23	09:28				6	1:03:36	-1 LAP
6.	174	Gavin Brookes	Congleton Cycli	53	M	07:49	08:53	09:09	09:08	10:03	09:24	09:22				6	1:03:51	-1 LAP
7.	157	Ian Ellis	Mersey Tri	51	M	08:04	09:11	09:12	09:16	09:18	09:24	09:25				6	1:03:54	-1 LAP
8.	159	Simon Ward		53	M	08:47	09:27	09:23	09:31	09:27	09:39	09:45				6	1:06:02	-1 LAP
9.	171	Marcus Abbotts	AUDLEM CC	57	M	08:32	09:43	09:54	09:47	09:58	10:05	09:54				6	1:07:56	-1 LAP
10.	175	Jonathan Gorman		56	M	09:03	09:51	09:58	09:49	09:53	10:14	10:01				6	1:08:53	-1 LAP
11.	194	Gary Scott	Shibden cc	52	M	08:34	09:43	10:29	10:02	10:25	10:09	09:59				6	1:09:24	-1 LAP
12.	178	Joseph Robson	Chester Road Cl	51	M	09:41	10:11	09:51	10:11	09:43	09:58	09:49				6	1:09:27	-1 LAP
13.	163	Neil Hoggarth	MerseyTri	51	M	09:05	09:52	09:58	10:02	10:15	10:14	10:11				6	1:09:41	-1 LAP
14.	165	Justin e Lewis	Vc melyd	53	M	08:56	09:30	09:56	10:15	10:07	10:25	11:00				6	1:10:11	-1 LAP
15.	177	David Baker		52	M	09:51	09:55	10:06	10:11	09:57	10:19	10:10				6	1:10:31	-1 LAP
16.	158	Chris Bennett	GOG Triathlon C	58	M	09:40	10:07	10:05	10:14	10:08	10:19	10:10				6	1:10:46	-1 LAP
17.	188	James Haynes	Liverpool Phoen	52	M	09:45	10:04	09:47	10:19	10:15	10:29	10:46				6	1:11:28	-1 LAP
18.	166	Chris Davies	Mersey Tri	52	M	10:01	10:07	10:19	10:26	10:15	10:07	10:15				6	1:11:33	-1 LAP
19.	198	Heddwyn Lloyd-Evans	V C Melyd	50	M	09:24	10:10	10:15	11:04	10:38	10:43	10:40				6	1:12:57	-1 LAP
20.	199	James McQueen		53	M	10:11	10:17	10:19	10:30	11:09	10:45					5	1:03:14	-2 LAP
21.	192	Stephen Lewis		51	M	09:26	13:35	10:09	10:13	10:09	10:15					5	1:03:50	-2 LAP
22.	200	Phil Porter		58	M	10:50	10:43	10:49	11:04	11:28	11:40					5	1:06:36	-2 LAP
23.	170	Dino Walker		52	M	10:35	11:35	12:20	12:08	12:48	12:33					5	1:12:01	-2 LAP
24.	201	Barry Shillinglaw	Mersey Tri	57	M	09:48	10:09	09:51	10:22	10:33						4	DNF	-3 LAP
25.	164	Keith Large		51	M	07:27	08:28									1	DNF	-6 LAP
26.	161	Robert Simmonds		57	M	09:59	10:26									1	DNF	-6 LAP
27.	190	Wesley Iyanda	Liverpool Phoen	50	M	50:18										0	DNF	-7 LAP
Vet 60																		
1.	230	Ifor Phillips	Holyhead Cyclin	62	M	07:57	08:40	08:26	08:39	08:42	09:02	08:57	09:04			7	1:09:30	+06:40
2.	234	Jan Kardasz	Fibrax Wrexham	63	M	07:59	08:38	08:28	08:39	08:37	08:41	12:18				6	1:03:22	-1 LAP
3.	227	Russell Owen	horwich	65	M	08:54	09:23	09:12	09:11	09:23	09:22	09:14				6	1:04:41	-1 LAP
4.	237	Mike Snell	Holyhead Cyclin	67	M	09:30	09:17	09:15	09:18	09:27	09:32	09:21				6	1:05:43	-1 LAP
5.	229	David Jones		61	M	09:49	09:45	09:54	09:56	09:52	09:54	10:02				6	1:09:14	-1 LAP
6.	228	Gwyn Thomas		62	M	09:42										0	DNF	-7 LAP

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Vet 70+																		
1.	251	David Jones		72	M	12:04	12:14	13:32	13:27	14:23							4	1:05:42 -3 LAP
2.	253	Steve Collen	Nwccg	76	M	12:22	14:34	15:09	15:39	15:27							4	1:13:12 -3 LAP

Number of riders: 97