

NWCX 2023-24 - Round 6 Ynys Mon



Age Group Results Race 3

Pos.	Bib	Name	Club	Age	M/F	Lap 0	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Laps	Finish	
Female																		
Adult																		
1.	84	Gwenno Hughes	Holyhead	23	F	06:53	06:55	06:56	06:56	06:56	07:25	07:16	07:30			7	0:56:50	-
2.	80	Neisha Roberts		18	F	07:13	07:49	07:50	07:51	07:32	07:26	07:32	07:43			7	1:01:00	+04:10
3.	78	Lisa MacPherson		39	F	09:00	10:20	10:20	10:40	10:37	10:28					5	1:01:26	-2 LAP
Vet 40																		
1.	149	Karen Jones	Holyhead Cyclin	49	F	07:54	07:55	07:54	07:57	07:38	07:56	08:22				6	0:55:39	-1 LAP
2.	151	Jane Rayner		49	F	07:33	08:01	08:02	08:02	08:07	08:16	08:28				6	0:56:32	-1 LAP
3.	147	Gwenan Gordon		40	F	08:20	07:56	07:57	10:57	10:01	09:56					5	0:55:10	-2 LAP
4.	150	Vicky Darby-Brown	Gog tri	44	F	10:00	11:23	11:23	10:18	10:29	09:54					5	1:03:28	-2 LAP
Vet 50																		
1.	217	Claire Holliman	Total Tri Train	51	F	08:02	08:00	08:01	08:02	08:22	08:40	08:26				6	0:57:35	-1 LAP
Vet 60																		
1.	246	Janet Burthem	VC melyd	63	F	07:06										0	DNF	-7 LAP
Male																		
Adult																		
1.	46	Sam Woodward	Clwb Beicio Egn	18	M	04:57	05:24	05:25	05:25	05:25	05:24	05:29	05:29	05:31	05:36	9	0:54:07	-
2.	17	Tom Bruce		36	M	05:06	05:44	05:45	06:07	05:55	05:17	05:58	05:55	06:02	05:55	9	0:57:47	+03:39
3.	37	Adam Morris		21	M	05:07	06:01	06:02	06:02	06:02	06:05	06:21	06:48	06:38		8	0:55:08	-1 LAP
4.	52	Cameron Morris	Bangor Universi	19	M	06:24	06:39	06:40	06:40	06:40	06:44	06:55	07:04	07:46		8	1:01:35	-1 LAP
5.	55	Jac Lewis	Alpine Sausages	26	M	06:57	06:52	06:52	06:52	06:52	06:50	07:02	06:56			7	0:55:13	-2 LAP
6.	25	Alex Harvey		26	M	06:13	07:01	07:02	07:02	07:05	07:21	07:25	06:54			7	0:56:06	-2 LAP
7.	16	Richard Setters	Chester Road Cl	38	M	06:42	06:58	07:00	06:58	06:57	07:15	07:19	06:54			7	0:56:07	-2 LAP
8.	21	Jonty Gordon	Clwb Beicio Egn	38	M	06:26	07:14	07:15	07:15	07:19	09:33	07:47	07:40			7	1:00:31	-2 LAP
9.	49	Nathan Cooper	No	18	M	07:49	08:31	08:32	08:32	09:44	08:55	08:00				6	1:00:05	-3 LAP
10.	38	Simon Morris		23	M	06:32										0	DNF	-9 LAP
Vet 40																		
1.	89	Ifan Richards	Cyclo Cymru RT	45	M	05:10	05:51	05:52	05:52	05:52	05:52	05:58	06:03	06:02	06:01	9	0:58:36	+04:29
2.	101	Dyfan Evans	Fibrax Wrexham	40	M	04:58	05:54	05:55	05:55	05:55	05:43	06:06	06:45	06:21	06:41	9	1:00:15	+06:08
3.	117	Stuart White	Beacon RCC	41	M	06:15	06:21	06:22	06:22	06:22	06:28	06:31	06:37	06:15		8	0:57:37	-1 LAP
4.	106	Dyfan Jones	VoCTT	41	M	06:16	06:27	06:28	06:28	06:28	06:40	06:42	06:39	06:32		8	0:58:43	-1 LAP
5.	137	Owen Arman		40	M	06:43	06:25	06:26	06:16	06:37	06:44	06:34	06:32	06:47		8	0:59:07	-1 LAP
6.	142	Robert Sargent	LBCC	40	M	06:33	06:26	06:27	06:27	06:26	06:55	07:00	07:20	07:01		8	1:00:38	-1 LAP
7.	108	Ally MacPherson	Oneplanet Adven	40	M	06:30	06:41	06:42	06:42	06:42	06:44	06:58	06:59	06:44		8	1:00:46	-1 LAP

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8.	94	Bevan Humphreys	VC Melyd	41	M	05:41	05:15	05:16	05:16	09:17	06:25	06:23	10:34			7	0:54:08 -2 LAP
9.	86	Nigel Bosley		49	M	06:55	07:23	07:24	07:24	07:25	07:43	07:42	07:37			7	0:59:36 -2 LAP
10.	88	Iain Lancaster	MerseyTri	43	M	07:22	07:29	07:30	07:30	07:30	07:58	07:59	07:25			7	1:00:45 -2 LAP
11.	132	Charles Enston	Rhyl CC	49	M	06:47	07:42	07:43	07:43	07:43	07:58	07:53	07:49			7	1:01:21 -2 LAP
12.	109	Simon Ward	Dyffryn Conwy	42	M	07:03	08:08	07:37	07:37	07:19	07:54	07:45	08:04			7	1:01:30 -2 LAP
13.	87	Richard Harris		47	M	07:19	07:37	07:38	07:38	07:43	07:45	08:02	07:48			7	1:01:32 -2 LAP
14.	104	Matt Reilly	Delamere MTB	42	M	12:00	13:00	13:21	14:31	14:01						4	1:06:54 -5 LAP
Vet 50																	
1.	186	Roy Davies	PSW	50	M	05:30	05:47	05:48	05:48	05:50	05:48	05:57	05:53	05:57	05:47	9	0:58:07 +03:59
2.	203	Colin Elgie	None	56	M	07:17	06:28	06:29	06:29	06:28	06:29	06:28	06:44	06:28		8	0:59:24 -1 LAP
3.	184	Robert Allen	Leisure Lakes B	58	M	06:22	06:47	06:48	06:48	06:49	06:54	06:55	07:10			7	0:54:37 -2 LAP
4.	180	Haydn Jones	Fibrax Wrexham	51	M	06:40	06:59	07:00	07:00	07:02	06:58	07:09	06:45			7	0:55:36 -2 LAP
5.	172	Phil Dabner	Mersey Tri	56	M	07:07	06:53	06:54	06:54	06:55	07:13	06:59	06:48			7	0:55:47 -2 LAP
6.	160	Peter Hughes		57	M	06:37	06:59	07:00	07:00	07:05	07:16	07:20	07:13			7	0:56:31 -2 LAP
7.	165	Justin Lewis	Vc melyd	53	M	06:49	06:55	06:56	06:56	06:58	07:19	08:17	08:15			7	0:58:28 -2 LAP
8.	159	Simon Ward		53	M	07:35	07:36	07:37	07:37	07:39	07:37	07:44	07:37			7	1:01:04 -2 LAP
9.	192	Stephen Lewis		51	M	07:42	07:34	07:35	07:36	07:49	07:38	08:08	07:58			7	1:02:03 -2 LAP
10.	175	Jonathan Gorman		56	M	07:32	07:44	07:35	07:45	07:53	08:05	08:10				6	0:54:45 -3 LAP
11.	193	Bruce Owen	N/A	58	M	07:58	07:43	07:44	07:44	08:00	08:05	08:02				6	0:55:18 -3 LAP
12.	158	Chris Bennett	GOG Triathlon C	58	M	07:45	07:56	07:57	07:58	08:00	08:17	08:11				6	0:56:06 -3 LAP
13.	201	Barry Shillinglaw	Mersey Tri	57	M	07:43	07:52	07:53	07:53	08:32	08:16	08:25				6	0:56:36 -3 LAP
14.	171	Marcus Abbotts	AUDLEM CC	57	M	07:15	07:41	07:42	10:44	07:43	07:47	07:46				6	0:56:40 -3 LAP
15.	161	Robert Simmonds		57	M	07:39	08:14	08:15	08:16	08:28	08:54	08:45				6	0:58:35 -3 LAP
16.	178	Joseph Robson	Chester Road Cl	51	M	08:18	08:18	08:18	08:20	08:23	08:39	08:31				6	0:58:49 -3 LAP
17.	199	James McQueen		53	M	08:52	08:52	08:52	08:53	08:33	08:51	08:33				6	1:01:28 -3 LAP
18.	209	Iain Arnison	Total Transitio	50	M	08:38	08:38	08:38	08:38	08:46	08:59	09:37				6	1:01:56 -3 LAP
19.	207	Paul Robertshaw	Chester Road Cl	50	M	08:56	08:56	08:56	08:56	09:27	09:45					5	0:54:56 -4 LAP
20.	166	Chris Davies	Mersey Tri	52	M	09:11	09:11	09:11	09:11	09:58	10:13					5	0:56:56 -4 LAP
21.	210	Adrian Williamson	BNMGC	58	M	09:15	10:25	10:45	10:59	11:26	11:00					5	1:03:50 -4 LAP
Vet 60																	
1.	234	Jan Kardasz	Fibrax Wrexham	63	M	06:09	06:04	06:05	06:05	06:06	06:13	06:26	06:17	06:06		8	0:55:33 -1 LAP
2.	230	Ifor Phillips	Holyhead Cyclin	62	M	06:14	06:25	06:26	06:26	06:26	06:33	06:43	06:42	06:25		8	0:58:24 -1 LAP
3.	227	Russell Owen	horwich	65	M	07:35	06:44	06:45	06:45	06:49	06:40	06:46	06:59			7	0:55:05 -2 LAP
4.	229	David Jones		61	M	07:16	07:03	07:04	07:04	07:04	07:37	07:17	06:57			7	0:57:24 -2 LAP
5.	228	Gwyn Thomas		62	M	07:52	08:51	08:52	08:53	08:39	08:41	09:07				6	1:00:57 -3 LAP

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Vet 70+																	
1.	251	David Jones		72	M	10:00	11:06	11:07	11:42	12:53						4	0:56:49 -5 LAP

Number of riders: 60