

NWCX 2023-24 - Round 6 Ynys Mon



Overall Results Race 3

Pos.	Bib	Name	Club	Age	M/F	Cat	Lap 0	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Laps	Finish	Gap
1.	46	Sam Woodward	Clwb Beicio Egni Ery	18	M	Adult	04:57	05:24	05:25	05:25	05:25	05:24	05:29	05:29	05:31	05:36	9	0:54:07	-
2.	17	Tom Bruce		36	M	Adult	05:06	05:44	05:45	06:07	05:55	05:17	05:58	05:55	06:02	05:55	9	0:57:47	+03:39
3.	186	Roy Davies	PSW	50	M	V50	05:30	05:47	05:48	05:48	05:50	05:48	05:57	05:53	05:57	05:47	9	0:58:07	+03:59
4.	89	Ifan Richards	Cyclo Cymru RT	45	M	V40	05:10	05:51	05:52	05:52	05:52	05:52	05:58	06:03	06:02	06:01	9	0:58:36	+04:29
5.	101	Dyfan Evans	Fibrax Wrexham Roads	40	M	V40	04:58	05:54	05:55	05:55	05:55	05:43	06:06	06:45	06:21	06:41	9	1:00:15	+06:08
6.	37	Adam Morris		21	M	Adult	05:07	06:01	06:02	06:02	06:02	06:05	06:21	06:48	06:38		8	0:55:08	-1 LAP
7.	234	Jan Kardasz	Fibrax Wrexham RC	63	M	V60	06:09	06:04	06:05	06:05	06:06	06:13	06:26	06:17	06:06		8	0:55:33	-1 LAP
8.	117	Stuart White	Beacon RCC	41	M	V40	06:15	06:21	06:22	06:22	06:22	06:28	06:31	06:37	06:15		8	0:57:37	-1 LAP
9.	230	Ifor Phillips	Holyhead Cycling clu	62	M	V60	06:14	06:25	06:26	06:26	06:26	06:33	06:43	06:42	06:25		8	0:58:24	-1 LAP
10.	106	Dyfan Jones	VoCTT	41	M	V40	06:16	06:27	06:28	06:28	06:28	06:40	06:42	06:39	06:32		8	0:58:43	-1 LAP
11.	137	Owen Arman		40	M	V40	06:43	06:25	06:26	06:16	06:37	06:44	06:34	06:32	06:47		8	0:59:07	-1 LAP
12.	203	Colin Elgie	None	56	M	V50	07:17	06:28	06:29	06:29	06:28	06:29	06:28	06:44	06:28		8	0:59:24	-1 LAP
13.	142	Robert Sargent	LBCC	40	M	V40	06:33	06:26	06:27	06:27	06:26	06:55	07:00	07:20	07:01		8	1:00:38	-1 LAP
14.	108	Ally MacPherson	Oneplanet Adventure	40	M	V40	06:30	06:41	06:42	06:42	06:42	06:44	06:58	06:59	06:44		8	1:00:46	-1 LAP
15.	52	Cameron Morris	Bangor University Cy	19	M	Adult	06:24	06:39	06:40	06:40	06:40	06:44	06:55	07:04	07:46		8	1:01:35	-1 LAP
16.	94	Bevan Humphreys	VC Melyd	41	M	V40	05:41	05:15	05:16	05:16	09:17	06:25	06:23	10:34			7	0:54:08	-2 LAP
17.	184	Robert Allen	Leisure Lakes Bikes	58	M	V50	06:22	06:47	06:48	06:48	06:49	06:54	06:55	07:10			7	0:54:37	-2 LAP
18.	227	Russell Owen	horwich	65	M	V60	07:35	06:44	06:45	06:45	06:49	06:40	06:46	06:59			7	0:55:05	-2 LAP
19.	55	Jac Lewis	Alpine Sausages	26	M	Adult	06:57	06:52	06:52	06:52	06:52	06:50	07:02	06:56			7	0:55:13	-2 LAP
20.	180	Haydn Jones	Fibrax Wrexham RC	51	M	V50	06:40	06:59	07:00	07:00	07:02	06:58	07:09	06:45			7	0:55:36	-2 LAP
21.	172	Phil Dabner	Mersey Tri	56	M	V50	07:07	06:53	06:54	06:54	06:55	07:13	06:59	06:48			7	0:55:47	-2 LAP
22.	25	Alex Harvey		26	M	Adult	06:13	07:01	07:02	07:02	07:05	07:21	07:25	06:54			7	0:56:06	-2 LAP
23.	16	Richard Setters	Chester Road Club	38	M	Adult	06:42	06:58	07:00	06:58	06:57	07:15	07:19	06:54			7	0:56:07	-2 LAP
24.	160	Peter Hughes		57	M	V50	06:37	06:59	07:00	07:00	07:05	07:16	07:20	07:13			7	0:56:31	-2 LAP
25.	84	Gwenno Hughes	Holyhead	23	F	Adult	06:53	06:55	06:56	06:56	06:56	07:25	07:16	07:30			7	0:56:50	-2 LAP
26.	229	David Jones		61	M	V60	07:16	07:03	07:04	07:04	07:04	07:37	07:17	06:57			7	0:57:24	-2 LAP
27.	165	Justin Lewis	Vc melyd	53	M	V50	06:49	06:55	06:56	06:56	06:58	07:19	08:17	08:15			7	0:58:28	-2 LAP
28.	86	Nigel Bosley		49	M	V40	06:55	07:23	07:24	07:24	07:25	07:43	07:42	07:37			7	0:59:36	-2 LAP
29.	21	Jonty Gordon	Clwb Beicio Egni Ery	38	M	Adult	06:26	07:14	07:15	07:15	07:19	09:33	07:47	07:40			7	1:00:31	-2 LAP
30.	88	Iain Lancaster	MerseyTri	43	M	V40	07:22	07:29	07:30	07:30	07:30	07:58	07:59	07:25			7	1:00:45	-2 LAP
31.	80	Neisha Roberts		18	F	Adult	07:13	07:49	07:50	07:51	07:32	07:26	07:32	07:43			7	1:01:00	-2 LAP
32.	159	Simon Ward		53	M	V50	07:35	07:36	07:37	07:37	07:39	07:37	07:44	07:37			7	1:01:04	-2 LAP
33.	132	Charles Enston	Rhyl CC	49	M	V40	06:47	07:42	07:43	07:43	07:43	07:58	07:53	07:49			7	1:01:21	-2 LAP
34.	109	Simon Ward	Dyffryn Conwy	42	M	V40	07:03	08:08	07:37	07:37	07:19	07:54	07:45	08:04			7	1:01:30	-2 LAP
35.	87	Richard Harris		47	M	V40	07:19	07:37	07:38	07:38	07:43	07:45	08:02	07:48			7	1:01:32	-2 LAP
36.	192	Stephen Lewis		51	M	V50	07:42	07:34	07:35	07:36	07:49	07:38	08:08	07:58			7	1:02:03	-2 LAP

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37.	175	Jonathan Gorman		56	M	V50	07:32	07:44	07:35	07:45	07:53	08:05	08:10				6	0:54:45	-3 LAP
38.	193	Bruce Owen	N/A	58	M	V50	07:58	07:43	07:44	07:44	08:00	08:05	08:02				6	0:55:18	-3 LAP
39.	149	Karen Jones	Holyhead Cycling Clu	49	F	V40	07:54	07:55	07:54	07:57	07:38	07:56	08:22				6	0:55:39	-3 LAP
40.	158	Chris Bennett	GOG Triathlon Club	58	M	V50	07:45	07:56	07:57	07:58	08:00	08:17	08:11				6	0:56:06	-3 LAP
41.	151	Jane Rayner		49	F	V40	07:33	08:01	08:02	08:02	08:07	08:16	08:28				6	0:56:32	-3 LAP
42.	201	Barry Shillinglaw	Mersey Tri	57	M	V50	07:43	07:52	07:53	07:53	08:32	08:16	08:25				6	0:56:36	-3 LAP
43.	171	Marcus Abbotts	AUDLEM CC	57	M	V50	07:15	07:41	07:42	10:44	07:43	07:47	07:46				6	0:56:40	-3 LAP
44.	217	Claire Holliman	Total Tri Training	51	F	V50	08:02	08:00	08:01	08:02	08:22	08:40	08:26				6	0:57:35	-3 LAP
45.	161	Robert Simmonds		57	M	V50	07:39	08:14	08:15	08:16	08:28	08:54	08:45				6	0:58:35	-3 LAP
46.	178	Joseph Robson	Chester Road Club	51	M	V50	08:18	08:18	08:18	08:20	08:23	08:39	08:31				6	0:58:49	-3 LAP
47.	49	Nathan Cooper	No	18	M	Adult	07:49	08:31	08:32	08:32	09:44	08:55	08:00				6	1:00:05	-3 LAP
48.	228	Gwyn Thomas		62	M	V60	07:52	08:51	08:52	08:53	08:39	08:41	09:07				6	1:00:57	-3 LAP
49.	199	James McQueen		53	M	V50	08:52	08:52	08:52	08:53	08:33	08:51	08:33				6	1:01:28	-3 LAP
50.	209	Iain Arnison	Total Transition Fri	50	M	V50	08:38	08:38	08:38	08:38	08:46	08:59	09:37				6	1:01:56	-3 LAP
51.	207	Paul Robertshaw	Chester Road Club	50	M	V50	08:56	08:56	08:56	08:56	09:27	09:45					5	0:54:56	-4 LAP
52.	147	Gwenan Gordon		40	F	V40	08:20	07:56	07:57	10:57	10:01	09:56					5	0:55:10	-4 LAP
53.	166	Chris Davies	Mersey Tri	52	M	V50	09:11	09:11	09:11	09:11	09:58	10:13					5	0:56:56	-4 LAP
54.	78	Lisa MacPherson		39	F	Adult	09:00	10:20	10:20	10:40	10:37	10:28					5	1:01:26	-4 LAP
55.	150	Vicky Darby-Brown	Gog tri	44	F	V40	10:00	11:23	11:23	10:18	10:29	09:54					5	1:03:28	-4 LAP
56.	210	Adrian Williamson	BNMGC	58	M	V50	09:15	10:25	10:45	10:59	11:26	11:00					5	1:03:50	-4 LAP
57.	251	David Jones		72	M	V70+	10:00	11:06	11:07	11:42	12:53						4	0:56:49	-5 LAP
58.	104	Matt Reilly	Delamere MTB	42	M	V40	12:00	13:00	13:21	14:31	14:01						4	1:06:54	-5 LAP
59.	38	Simon Morris		23	M	Adult	06:32										0	DNF	-9 LAP
60.	246	Janet Burthem	VC melyd	63	F	V60	07:06										0	DNF	-9 LAP

Number of riders: 60