

# NWCX League - Round 5 Pentreath



## Overall Results Race 3

Pos.	Bib	Name	Age	M/F	Cat	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Lap10	Lap11	Laps	Avg.	Finish	
Race 3																				
1.	19	Matthews, Josh	31	M	Adult	05:37	06:07	05:59	06:04	06:18	06:22	06:24	06:33	06:36			9	06:13	0:56:04	-
2.	24	Smith, Alex	39	M	Adult	06:04	07:12	06:41	06:39	06:45	06:56	07:06	07:14	07:09			9	06:52	1:01:50	+05:45
3.	93	Humphreys, Bevan	42	M	V40	06:06	06:57	06:53	06:48	06:59	07:04	07:02	07:07	07:19			9	06:55	1:02:19	+06:15
4.	175	Jones, Mark	55	M	V50+	06:21	06:50	06:57	07:02	06:59	07:05	07:19	07:17	07:20			9	07:01	1:03:15	+07:10
5.	83	Taylor, Luke	40	M	V40	06:43	07:02	06:59	06:53	07:14	07:22	07:19	07:01				8	07:04	0:56:38	-1 LAP
6.	45	Morris, Cameron	21	M	Adult	06:40	06:55	07:05	06:57	07:24	07:20	07:20	06:59				8	07:05	0:56:43	-1 LAP
7.	176	Jones, Gwynedd	50	M	V50+	07:01	06:54	07:04	07:04	07:06	07:08	07:16	07:11				8	07:05	0:56:46	-1 LAP
8.	96	MacPherson, Ally	42	M	V40	06:46	07:06	07:04	07:11	07:00	07:24	07:15	07:16				8	07:08	0:57:05	-1 LAP
9.	101	Jones, Dyfan	42	M	V40	06:45	06:58	07:14	07:20	07:20	07:23	07:36	07:35				8	07:16	0:58:13	-1 LAP
10.	184	Roberts, Andy	53	M	V50+	06:55	07:03	07:14	07:20	07:25	07:27	07:29	07:38				8	07:19	0:58:34	-1 LAP
11.	110	Parry, Iwan	47	M	V40	06:51	07:03	07:19	07:11	07:42	07:21	07:39	07:44				8	07:21	0:58:54	-1 LAP
12.	36	Johnson, Matthew	39	M	Adult	07:09	07:20	07:12	07:32	07:15	07:34	07:42	07:36				8	07:25	0:59:23	-1 LAP
13.	205	Fugaccia, Mike	51	M	V50+	07:07	07:13	07:18	07:27	07:32	07:39	07:54	07:38				8	07:29	0:59:53	-1 LAP
14.	162	Allen, Robert	59	M	V50+	07:00	07:22	07:38	07:42	07:32	07:39	07:37	07:30				8	07:30	1:00:03	-1 LAP
15.	105	Stuart, Stephen	41	M	V40	07:06	07:13	07:17	07:28	07:36	07:48	08:09	08:11				8	07:36	1:00:51	-1 LAP
16.	86	Arman, Owen	41	M	V40	07:17	07:07	07:18	07:35	07:37	07:46	08:18	07:55				8	07:37	1:00:57	-1 LAP
17.	5	Hunt, Steffan	17	M	U18	06:42	07:31	07:33	07:52	07:48	08:35	08:19	08:47				8	07:53	1:03:10	-1 LAP
18.	172	Hughes, Peter	58	M	V50+	07:36	07:37	07:42	07:51	08:02	08:19	08:23	08:36				8	08:01	1:04:10	-1 LAP
19.	194	Cubbins, Paul	50	M	V50+	07:38	07:48	07:57	08:01	08:10	08:21	08:33					7	08:04	0:56:30	-2 LAP
20.	170	Gorman, Jonathan	58	M	V50+	08:02	07:58	07:43	08:08	08:14	08:16	08:17					7	08:05	0:56:41	-2 LAP
21.	198	Jenkinson, Paul	57	M	V50+	07:55	07:44	08:06	08:14	08:15	08:10	08:26					7	08:07	0:56:54	-2 LAP
22.	179	Lewis, Justin e	54	M	V50+	07:34	07:31	07:47	08:16	08:36	08:27	08:48					7	08:08	0:57:02	-2 LAP
23.	182	Owen, Bruce	59	M	V50+	07:31	07:48	08:08	08:07	08:26	08:29	08:39					7	08:10	0:57:11	-2 LAP
24.	85	Ward, Simon	43	M	V40	07:49	08:09	08:02	08:27	08:43	08:25	08:23					7	08:17	0:58:01	-2 LAP
25.	174	Jones, Haydn	52	M	V50+	08:00	08:28	08:39	08:06	08:04	08:38	08:13					7	08:18	0:58:12	-2 LAP
26.	168	Enston, Charles	50	M	V50+	07:33	07:37	08:19	08:18	08:52	08:53	09:12					7	08:23	0:58:46	-2 LAP
27.	102	Roberts, Derwyn	49	M	V40	08:04	08:15	08:33	08:16	08:24	08:30	08:44					7	08:24	0:58:48	-2 LAP
28.	12	Brennen, Matthew	38	M	Adult	07:46	08:05	08:34	08:47	08:56	08:22	08:36					7	08:27	0:59:09	-2 LAP
29.	202	Ward, Simon	54	M	V50+	08:09	08:13	08:21	08:53	09:04	09:02	09:00					7	08:40	1:00:45	-2 LAP

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30.	164	Baker, David	53	M	V50+	08:34	08:32	08:45	08:48	09:20	09:19	09:10					7	08:55	1:02:31 -2 LAP
31.	30	Owen, Elis	32	M	Adult	08:16	08:43	09:03	09:14	09:07	09:26	09:29					7	09:02	1:03:20 -2 LAP
32.	203	Wilson, Neil	55	M	V50+	09:09	09:16	09:11	08:43	09:01	09:05	09:16					7	09:06	1:03:45 -2 LAP
33.	171	Hoggarth, Neil	52	M	V50+	08:30	08:51	09:06	09:04	09:20	09:28	09:27					7	09:07	1:03:49 -2 LAP
34.	44	Evans, Osian	24	M	Adult	08:12	08:24	08:45	09:54	10:01	09:55	10:12					7	09:20	1:05:25 -2 LAP
35.	46	Subberwal, Janak	19	M	Adult	08:32	09:11	09:37	09:45	09:50	09:49						6	09:27	0:56:46 -3 LAP
36.	187	Shillinglaw, Barry	58	M	V50+	08:36	09:07	09:26	09:25	09:46	11:47						6	09:41	0:58:10 -3 LAP
37.	97	Rees, Liam	45	M	V40	09:12	09:11	09:12	10:11	10:03	10:36						6	09:44	0:58:28 -3 LAP
38.	16	Jones, Matthew	21	M	Adult	08:59	09:51	10:10	10:04	10:51	10:39						6	10:06	1:00:36 -3 LAP
39.	220	Arnison, Iain	52	M	V50+	09:44	09:58	11:16	10:58	11:15	11:22						6	10:46	1:04:36 -3 LAP
40.	190	Whalley, Graham	58	M	V50+	10:28	10:16	10:54	10:37	11:56	11:53						6	11:01	1:06:08 -3 LAP
41.	23	Owen, Steffan	32	M	Adult	09:31	11:11	12:02	12:13	12:36							5	11:31	0:57:35 -4 LAP
42.	47	Watson, Oliver	20	M	Adult	13:31	13:07	13:37	15:28	14:53							5	14:07	1:10:37 -4 LAP
43.	95	Lancaster, Iain	44	M	V40	07:58											1	07:58	0:07:58 -8 LAP

Number of records: 43