

NWCX League - Round 6 Bala

Overall Results Race 3



Place	Bib	Name	Age	M/F	Cat	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Laps	Avg.	Finish	
Race 3																
1.	90	Davies, James	43	M	V40	07:01	07:47	07:57	07:52	08:44	08:06	08:21	7	07:58	0:55:50	-
2.	14	Dixon, Callum	33	M	Adult	06:41	08:01	08:01	08:20	08:15	08:19	08:29	7	08:01	0:56:08	+00:18.4
3.	175	Jones, Mark	55	M	V50+	06:55	08:11	08:07	08:17	08:18	08:20	08:24	7	08:04	0:56:34	+00:44.3
4.	107	Griffiths, Dave	48	M	V40	07:03	08:13	08:00	08:14	08:44	08:32	08:34	7	08:11	0:57:21	+01:31.4
5.	24	Smith, Alex	39	M	Adult	06:58	08:04	08:16	08:34	08:45	08:47	09:04	7	08:21	0:58:31	+02:41.8
6.	96	MacPherson, Ally	42	M	V40	07:16	08:25	08:35	08:40	08:50	08:54	08:50	7	08:30	0:59:32	+03:42.5
7.	93	Humphreys, Bevan	42	M	V40	06:54	08:28	08:17	09:17	10:08	08:45	08:47	7	08:39	1:00:38	+04:48.8
8.	172	Hughes, Peter	58	M	V50+	07:35	08:45	08:58	09:00	09:03	08:54	09:11	7	08:46	1:01:28	+05:38.3
9.	184	Roberts, Andy	53	M	V50+	07:18	08:41	08:47	09:01	09:10	09:21	09:11	7	08:47	1:01:32	+05:42.5
10.	116	Seymour, Jonathon	44	M	V40	07:39	08:45	09:05	08:59	08:59	09:06	09:02	7	08:48	1:01:37	+05:47.4
11.	204	Dawson, Matt	50	M	V50+	07:11	08:33	08:50	08:57	09:11	09:29	09:50	7	08:52	1:02:05	+06:15.0
12.	92	Hall, William	45	M	V40	07:18	08:45	09:07	09:13	09:19	09:44	09:31	7	09:00	1:03:00	+07:10.5
13.	162	Allen, Robert	59	M	V50+	07:34	08:40	09:08	09:29	09:17	09:31	09:40	7	09:03	1:03:22	+07:32.2
14.	105	Stuart, Stephen	41	M	V40	07:31	09:02	09:11	09:43	09:28	09:48	09:57	7	09:14	1:04:42	+08:52.5
15.	115	Walker, Dave	45	M	V40	08:09	08:56	09:15	09:38	09:44	09:43	09:45	7	09:18	1:05:12	+09:22.5
16.	29	Friskney, Jed	31	M	Adult	07:47	09:34	09:38	09:15	09:31	09:43	10:12	7	09:22	1:05:40	+09:50.7
17.	178	Large, Keith	52	M	V50+	07:06	08:30	09:08	09:29	09:38	09:16		6	08:51	0:53:10	-1 LAP
18.	20	Morris, Simon	24	M	Adult	07:58	09:48	09:45	09:19	09:39	09:53		6	09:23	0:56:23	-1 LAP
19.	205	Fugaccia, Mike	51	M	V50+	07:55	09:48	09:34	10:09	09:32	09:32		6	09:25	0:56:32	-1 LAP
20.	168	Enston, Charles	50	M	V50+	08:13	09:32	09:19	09:33	10:12	10:34		6	09:34	0:57:25	-1 LAP
21.	11	Abbotts, Liam	25	M	Adult	08:18	09:18	09:35	10:15	10:03	10:04		6	09:36	0:57:36	-1 LAP
22.	170	Gorman, Jonathan	58	M	V50+	08:11	09:33	10:23	09:46	10:06	09:38		6	09:36	0:57:39	-1 LAP
23.	174	Jones, Haydn	52	M	V50+	08:46	09:49	09:49	09:41	10:10	09:34		6	09:38	0:57:52	-1 LAP
24.	95	Lancaster, Iain	44	M	V40	08:06	09:33	09:44	09:58	10:20	10:15		6	09:39	0:57:58	-1 LAP
25.	194	Cubbins, Paul	50	M	V50+	08:31	09:47	09:43	09:58	10:56	10:21		6	09:53	0:59:18	-1 LAP
26.	164	Baker, David	53	M	V50+	08:23	09:37	09:59	10:21	10:43	10:38		6	09:57	0:59:42	-1 LAP
27.	173	Iyanda, Wesley	51	M	V50+	08:17	09:50	09:57	10:39	11:33	11:00		6	10:13	1:01:18	-1 LAP
28.	15	Harvey, Alex	27	M	Adult	07:47	11:47	10:00	10:26	11:05	10:49		6	10:19	1:01:56	-1 LAP
29.	171	Hoggarth, Neil	52	M	V50+	09:11	10:09	10:43	10:45	10:49	11:07		6	10:27	1:02:46	-1 LAP

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30.	191	Bennett, Chris	59	M	V50+	09:10	10:10	10:39	10:41	11:02	11:23		6	10:31	1:03:07 -1 LAP
31.	224	Tansley, Tim	52	M	V50+	09:05	10:22	12:48	10:41	10:32	10:43		6	10:42	1:04:14 -1 LAP
32.	223	Perry, Andrew	51	M	V50+	09:12	10:00	10:52	11:14	11:14	11:48		6	10:43	1:04:22 -1 LAP
33.	167	Davies, Stephen	59	M	V50+	09:18	10:45	11:03	11:04	11:43	11:42		6	10:56	1:05:37 -1 LAP
34.	166	Dabner, Phil	57	M	V50+	08:02	09:49	09:26	11:41	17:12			5	11:14	0:56:12 -2 LAP
35.	187	Shillinglaw, Barry	58	M	V50+	09:35	11:50	11:37	12:40	11:58			5	11:32	0:57:41 -2 LAP
36.	185	Robson, Joseph	52	M	V50+	09:51	11:03	11:34	11:58	13:33			5	11:36	0:58:02 -2 LAP
37.	94	Jones, Simon	49	M	V40	10:04	11:22	11:27	11:56	13:39			5	11:42	0:58:30 -2 LAP
38.	18	Lloyd, Hywel	39	M	Adult	08:21	08:58	09:37	22:52	11:15			5	12:12	1:01:04 -2 LAP
39.	217	Arnison, Iain	52	M	V50+	10:02	12:15	13:45	12:43	13:19			5	12:25	1:02:05 -2 LAP
40.	222	Noble, Robin	57	M	V50+	11:00	12:35	12:37	14:06	13:24			5	12:44	1:03:44 -2 LAP
41.	37	Rimell, Troy	22	M	Adult	08:25	09:22	09:12	08:51				4	08:57	0:35:51 -3 LAP
42.	16	Jones, Matthew	21	M	Adult	08:51	10:52	11:10	14:46				4	11:25	0:45:41 -3 LAP
43.	161	Abbotts, Marcus	58	M	V50+	09:01							1	09:01	0:09:01 -6 LAP

Number of records: 43